

## Week 05: Swimming at Low Reynolds Number

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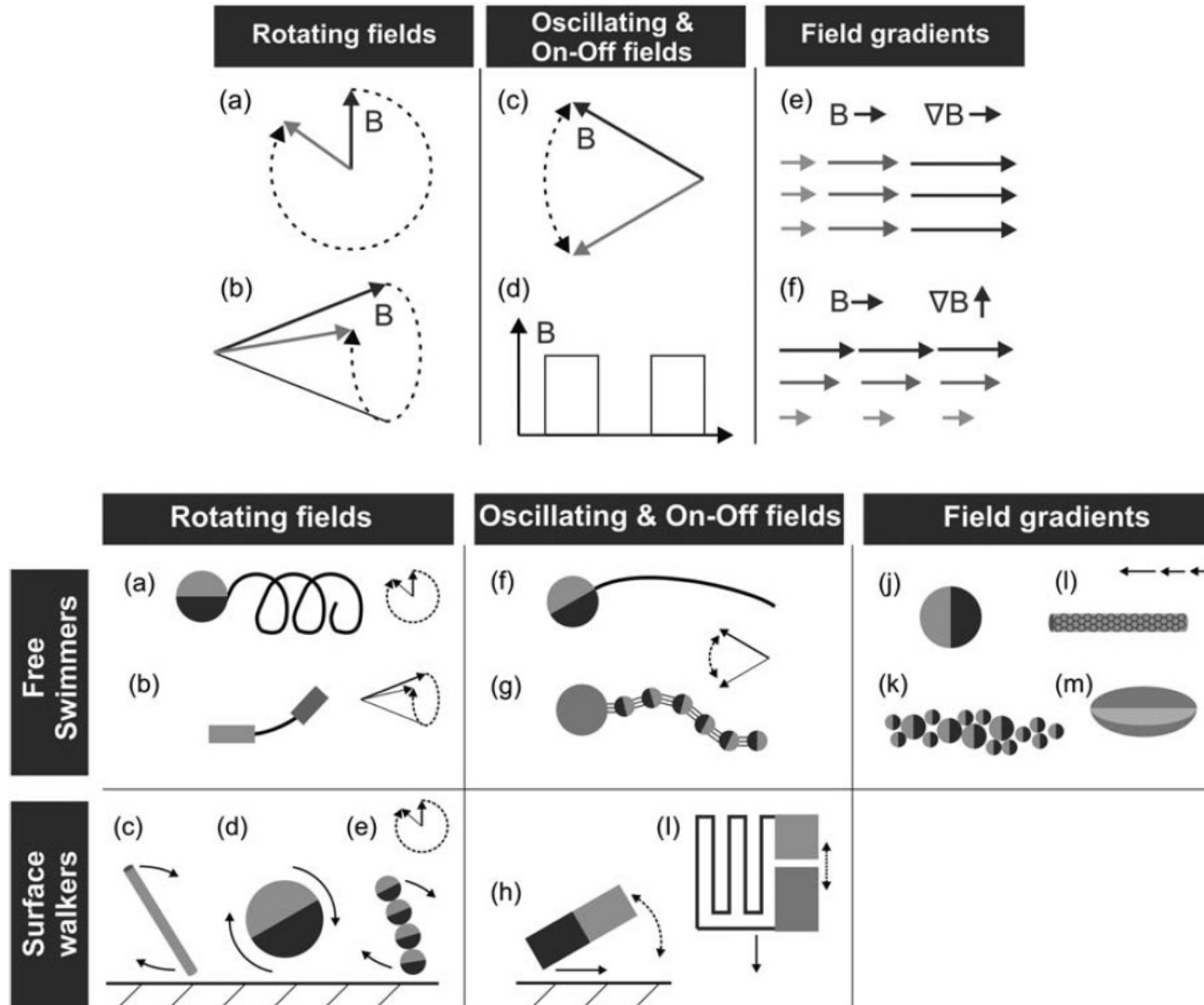
Institute of Mechanical Engineering, EPFL

# Lecture Overview

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- Scallop Theorem
- Bioinspired Swimming Strategies
- Fabrication and Control of Microswimmers
  
- Next week: Elasto-magnetic Actuators and Machines

# Summary of Magnetic Control Methods



# Physics of Swimming

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- Moving through a fluid is affected by two fundamental phenomena
  - **Inertial effects:** Moving (i.e. accelerating) the fluid away from where we want to be
  - **Viscous effects:** Overcoming the friction between the fluid layers that are moving with us and those that are not





# Navier-Stokes Equation

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- The Navier-Stokes equations is a formulation of Newton's second law applied to a fluid to describe its motion
  - For an incompressible Newtonian fluid:

unsteady  
acceleration

Viscosity  
term

$$\rho \left( \frac{\partial \mathbf{V}}{\partial t} + \mathbf{V} \cdot \nabla \mathbf{V} \right) = -\nabla p + \mu \nabla^2 \mathbf{V}$$

Convective  
acceleration

Pressure  
gradient

# Reynolds Number

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- The Reynolds (Re) number is a dimensionless number that describes the relative importance of inertial and viscous effects:

$$\left(\frac{\rho U \delta}{\mu}\right) \frac{d\tilde{\mathbf{V}}}{dt} = -\nabla \tilde{p} + \nabla^2 \tilde{\mathbf{V}}$$

$$Re = \frac{\rho U \delta}{\mu}$$

where  $\rho$  is fluid density [kg/m<sup>3</sup>]  
 $U$  is characteristic speed [m/s]  
 $\delta$  is characteristic length [m]  
 $\mu$  is fluid viscosity [Ns/m<sup>2</sup>]

- Re << 1: Viscous forces dominate Inertial Forces
- Navier-Stokes becomes time-independent (Stokes Flow)

$$\nabla p = \mu \nabla^2 V$$

# Intermediate Reynolds Number

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- $1 < Re < 1000$
- Both viscous and inertial effects play an important role.
- Examples:
  - Insect flight
  - Micro aerial vehicles (MAV)

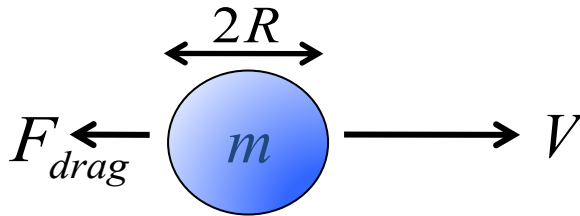


*Drosophila melanogaster*

# Stokes Flow

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- Describes the drag force on a sphere in Stokes flow

$$F_{drag} = 6\pi\mu RV$$


The diagram shows a blue sphere of radius  $R$  (diameter  $2R$ ) moving to the right with velocity  $V$ . A drag force  $F_{drag}$  acts to the left. The mass of the sphere is labeled  $m$ .

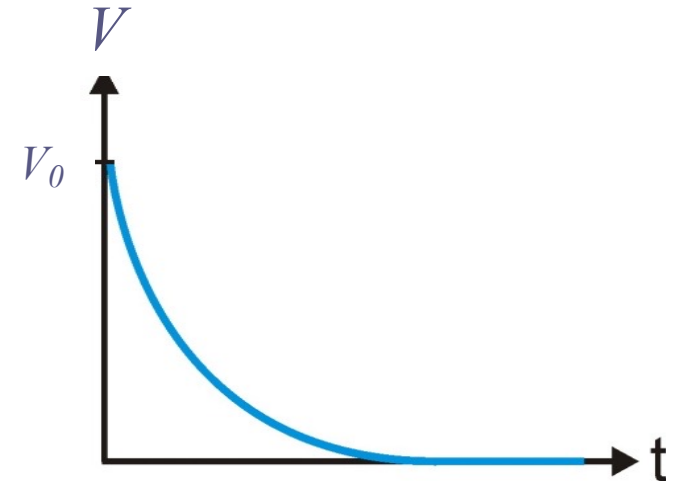
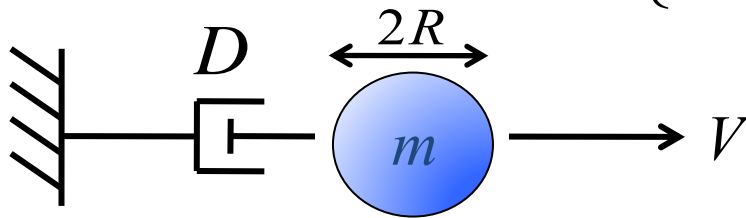
- The force is linearly proportional to the radius of the object
- Microsphere ( $R = 1 \mu\text{m}$ ,  $\rho = 10^4 \text{ kg/m}^3$ ) being pulled through water ( $\mu = 10^{-3} \text{ Pa}\cdot\text{s}$ ,  $\rho = 10^3 \text{ kg/m}^3$ ) at a speed of  $V = 10 \mu\text{m/s}$

$$F_{pull} = F_{drag} = DV \approx 20 \text{ pN}$$

# Stokes Flow

- Velocity of the sphere
  - Behaves like a critically damped system

$$V(t) = V_0 \exp\left\{-\frac{D}{m}t\right\}$$



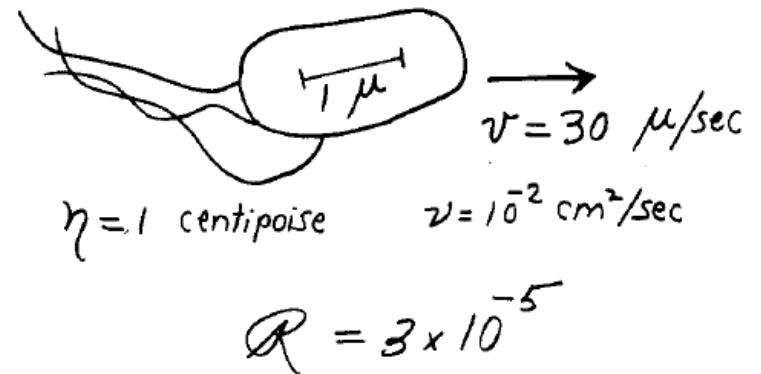
- Coasting distance and time

$$d_{coast} = \int_0^{\infty} V(t) dt = V_0 \frac{m}{D} \approx 2 \cdot 10^{-11} m \quad t_{coast} \approx 2 \mu s$$

- Coasting distance is only  $d_{coast} = 10^{-5}$  of the sphere's radius!
- Steady state is reached almost immediately

# Swimming at low Reynolds Number

- Bacteria swim at  $Re \approx 10^{-4}$  in water
- What the bacterium is doing at the moment is entirely determined by the forces that are exerted on it at that moment and by nothing in the past



- Reciprocal Motion
  - Time makes no difference
  - If I change quickly or slowly, forward or backwards, the pattern of motion is exactly the same

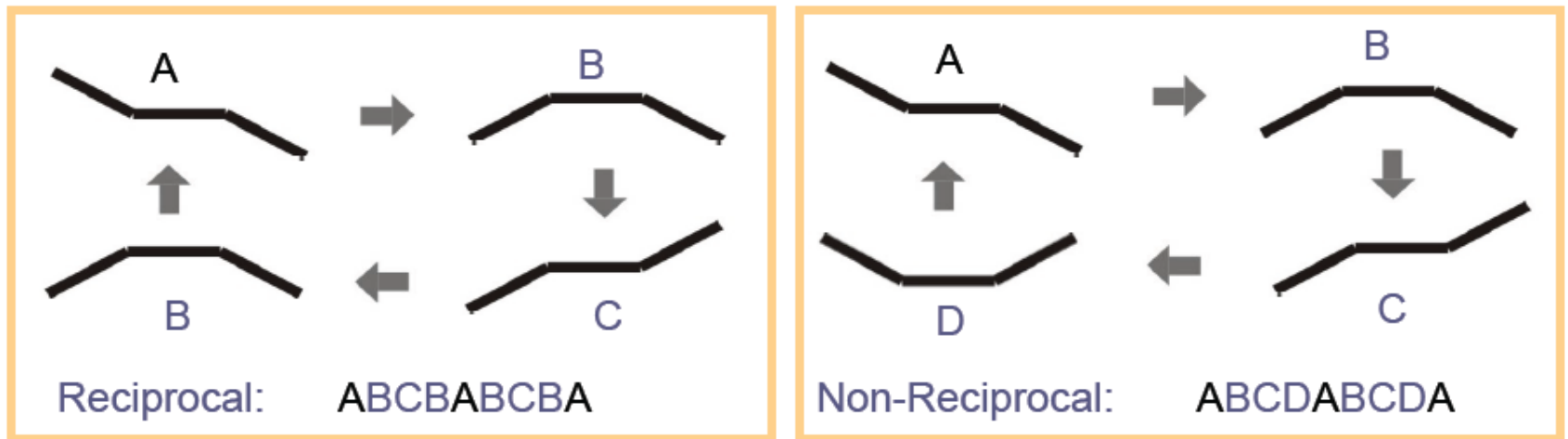
$$\left\{ \begin{array}{l} \text{coasting distance} = 0.1 \text{ \AA} \\ \text{coasting time} = 0.3 \text{ microsec.} \end{array} \right\}$$

*The Scallop Theorem*



# Swimming at low Reynolds Number

- A micro-swimmer must generate non-reciprocal motion in order to produce a net displacement (in Newtonian fluids)
- More than one degree of freedom is necessary to create non-reciprocal motion
- Example: a swimmer with two hinges
  - Depends on set of configurations



# Swimming at low Reynolds Number ([video](#))

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- Reciprocal motion
  - No net displacement after one cycle
  - Rigid oar moving left and then right



- Non-reciprocal motion
  - Net displacement after one cycle
  - One rotation around helical axis

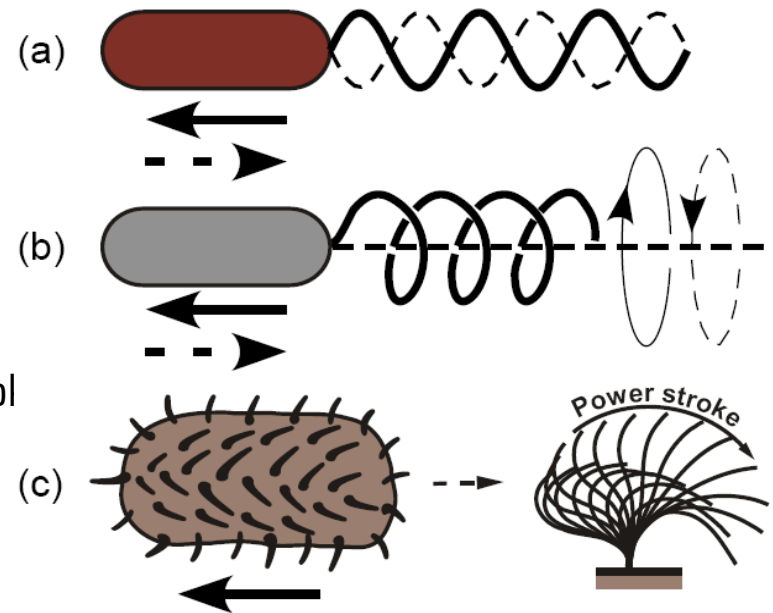




# Bioinspired Swimming

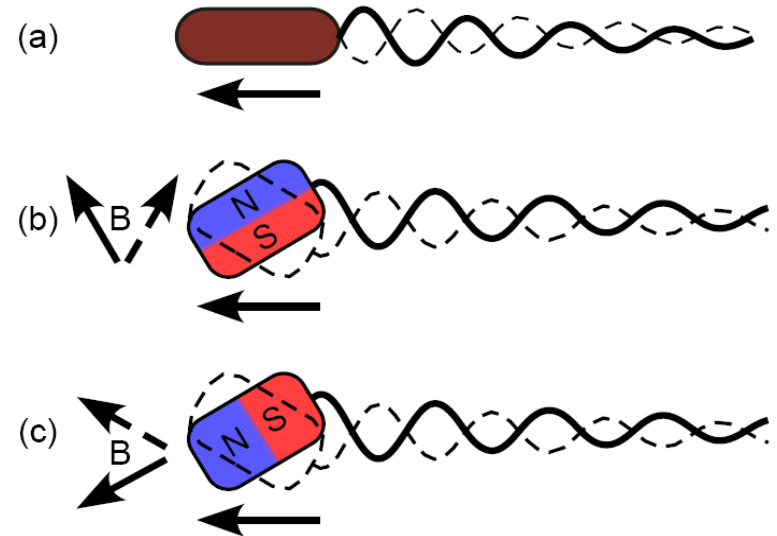
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- Eukaryotic flagella (a)
  - Active organelles which create traveling waves
  - Swimming direction can be reversed by reversing the direction of the wave
    - Head-to-tail
    - Tail-to-head
- Bacteria flagella (b)
  - Molecular motors turn the flagella
- Cilia (c)
  - Active organelles
  - Held perpendicular during the power stroke
  - Parallel during recovery stroke



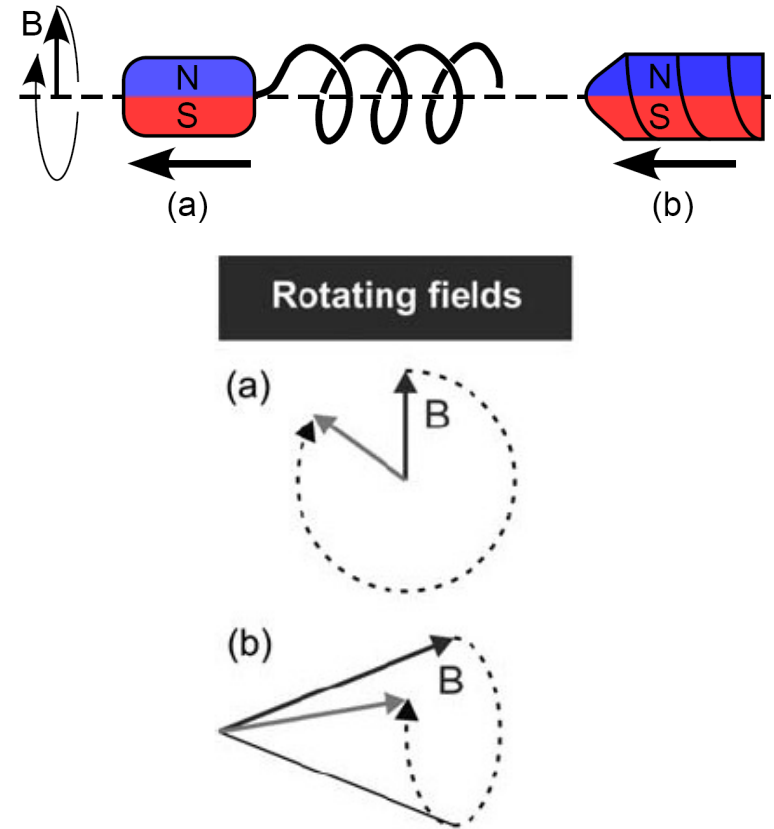
# Bioinspired Swimming

- One-sided actuation
  - “Flexible oar” [a]
    - There exists an optimum in tail elasticity and length
    - Too short & rigid
      - “Scallop theorem”
    - Too long & elastic
      - Increased drag
  - Use of varying magnetic fields [b-c]
    - Magnetic field creates a torque on a magnet
    - By varying the field, the torque is a function of time
    - Induces a waving motion to the following tail

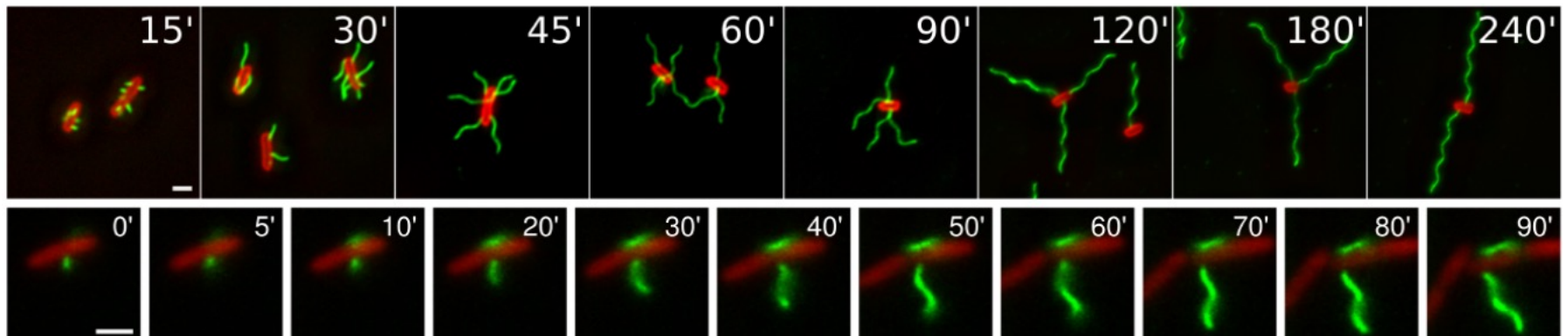
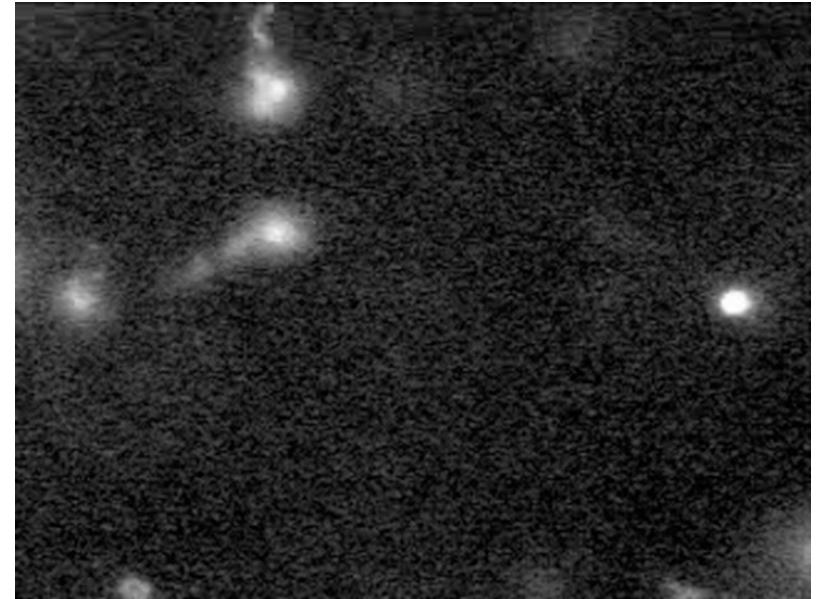
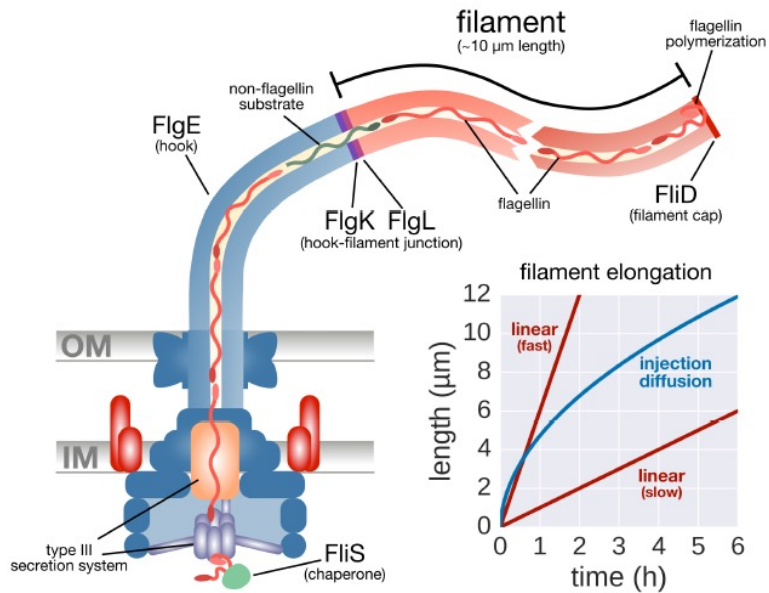


# Bioinspired Swimming

- Another plausible solution is trying to recreate helical swimming, with rotating magnetic fields
- Helical propeller
  - A helical tail can be attached to the “head” of the microrobot
  - The interaction between the magnet and the field causes the magnet to rotate
  - Swimming velocity is linearly related to the field frequency, up until a step-out frequency
    - Velocity decreases dramatically

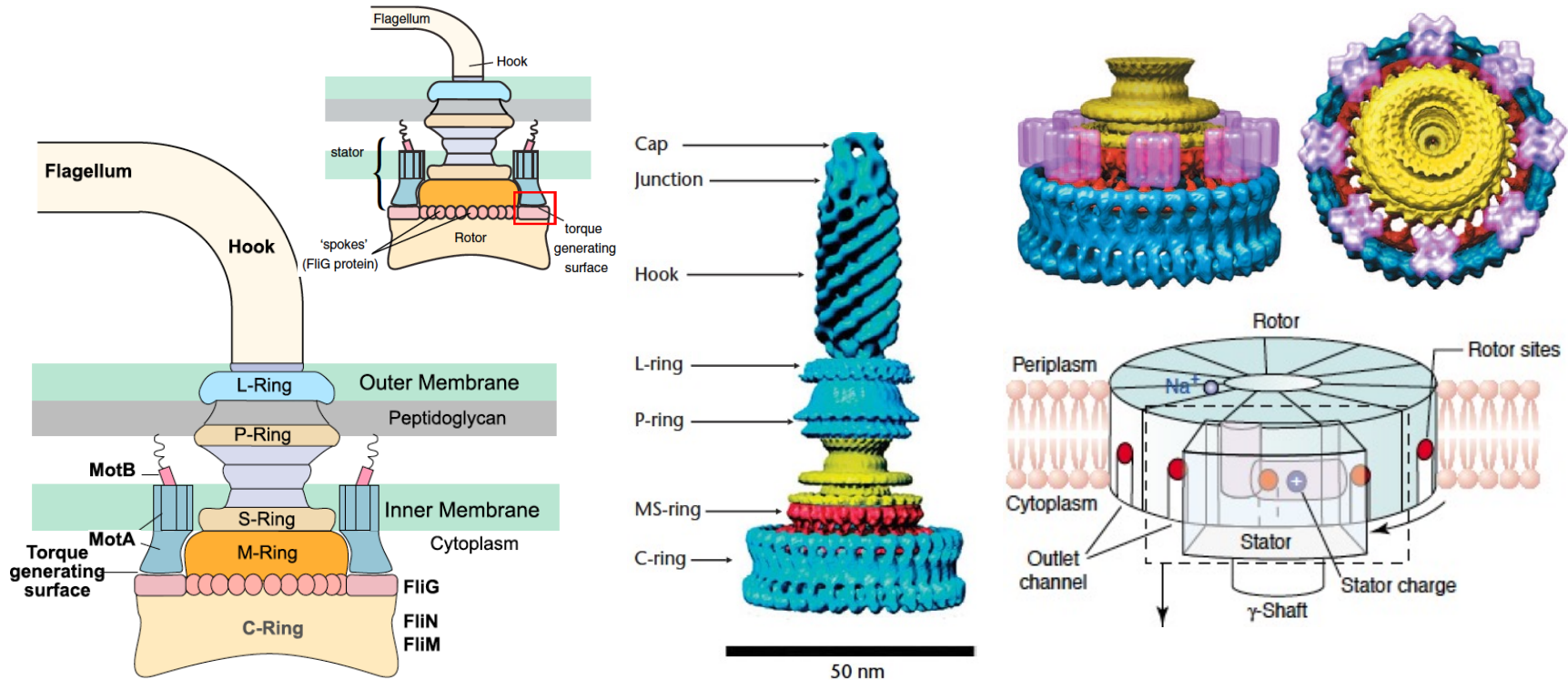


# Bacterial Flagella



# Flagellar Motor

Stator complex (Mot A and Mot B) – Rotor ring (C ring) – Axial driveshaft (rod) – Universal joint (hook) – Helical propeller (filament)

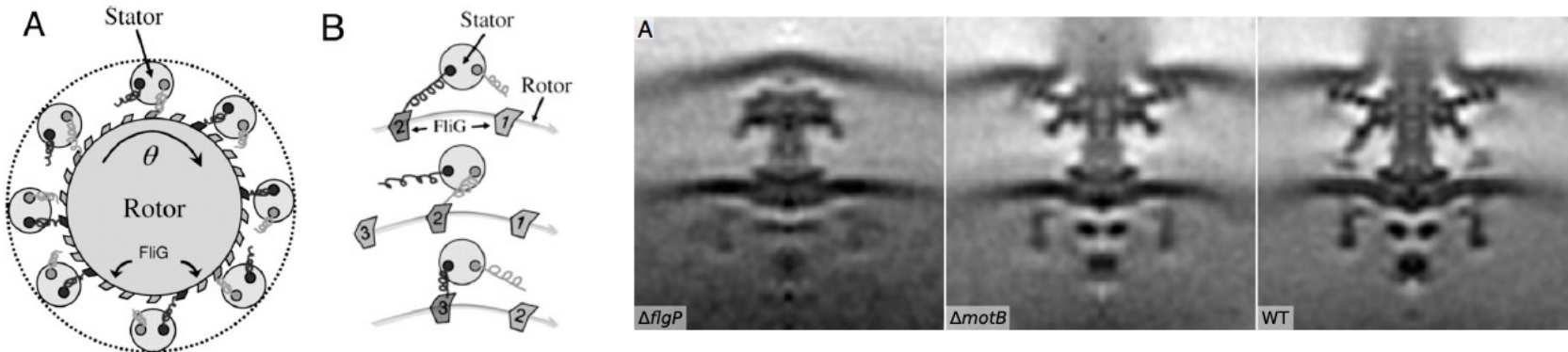


Torque is generated at the interface between transmembrane proteins (stators) and rotor  
 Passage of ions down a transmembrane gradient through stator complex provides energy  
 Each revolution 1200 protons, each contributing  $6k_B T$ , 26 steps per revolution, up to 300Hz

# Mechanism of Torque Generation

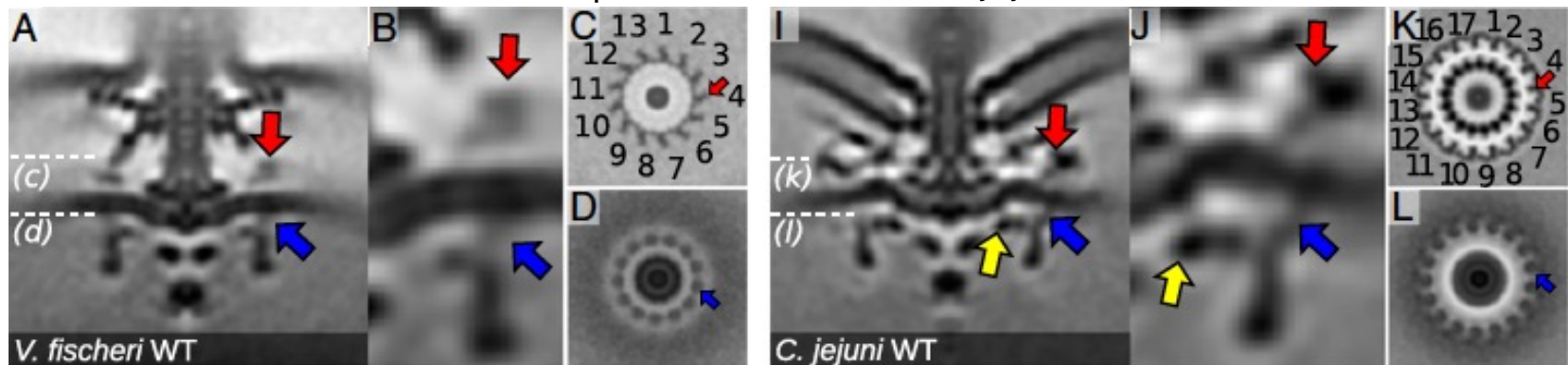
Torques of motors from different bacteria (torque correlates with swimming speed)

*C. Crescentus*: 350 pN.nm, *E.coli*: 2000 pN.nm, *H. pylori*: 3600 pN.nm, spirochetes: 4000 pN.nm



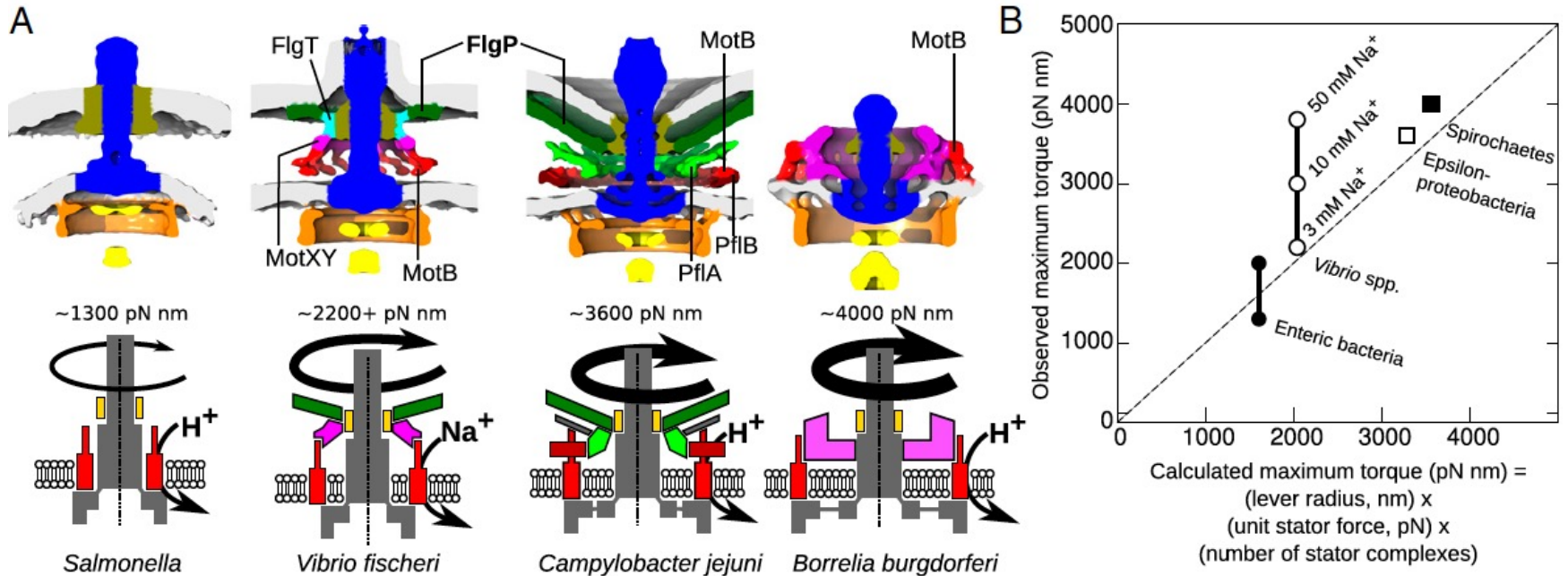
Structural adaptations of flagellar motors

*Salmonella*: 11 stator complexes, *Vibrio*: 13, *C. jejuni*: 17





# Mechanism of Torque Generation



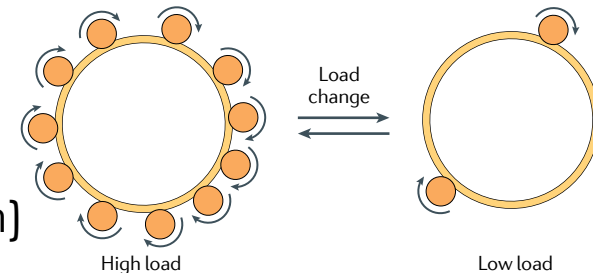
The stator number and increasing wider C-ring in each motor correlate with the generated torque

A single stator complex exerts 7.3 pN

Lever contact point

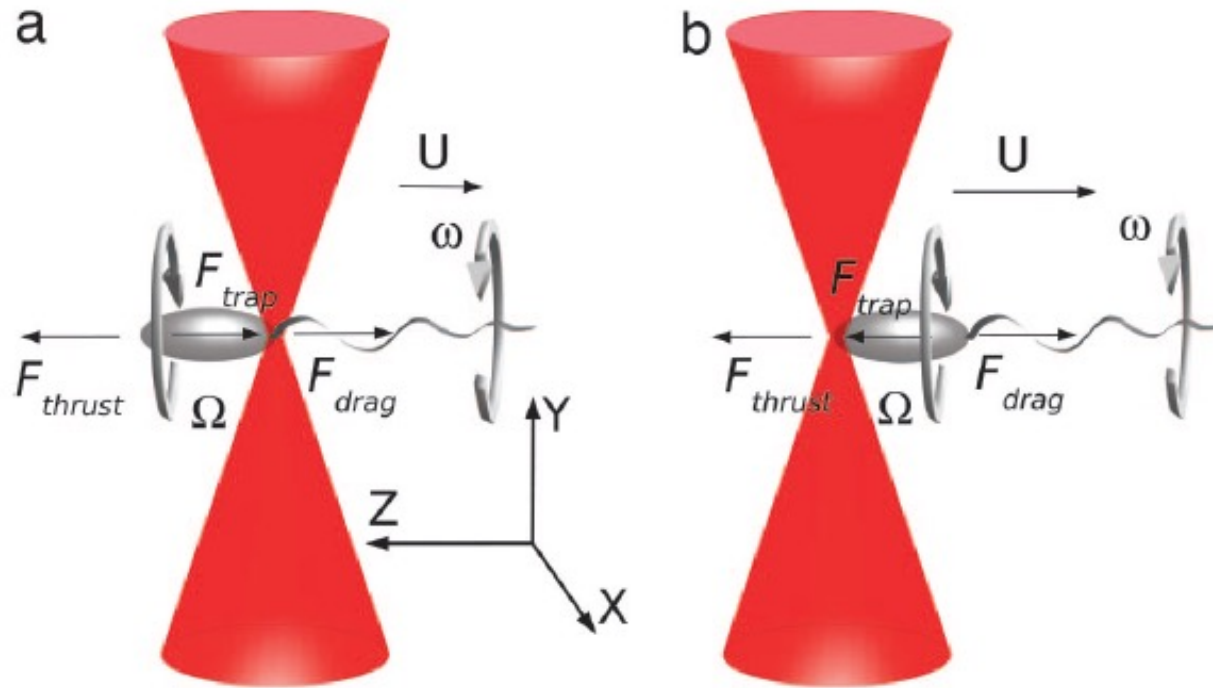
Salmonella: 20nm, Vibrio: 21.5nm, Spirochetes (30.5nm)

**f** Mechano-adaption



# Bacterial Flagellum: Optical Traps

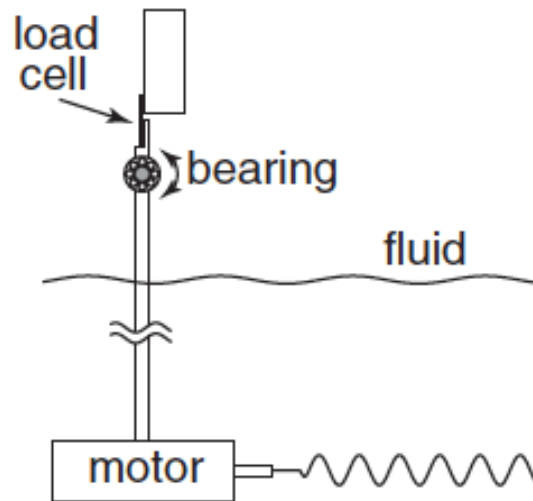
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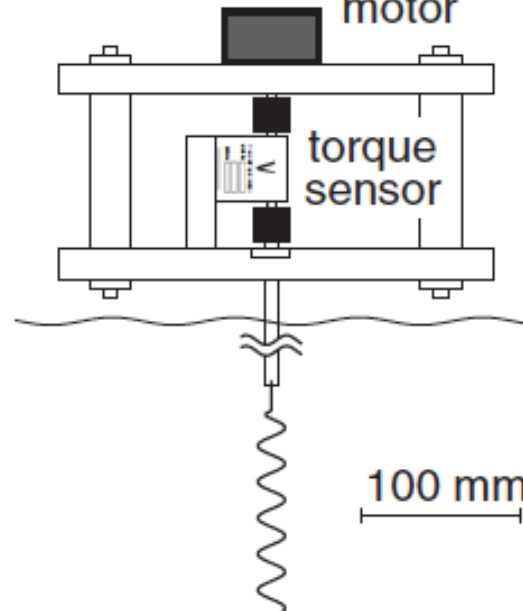


# Bacterial Flagellum: Macroscale Models

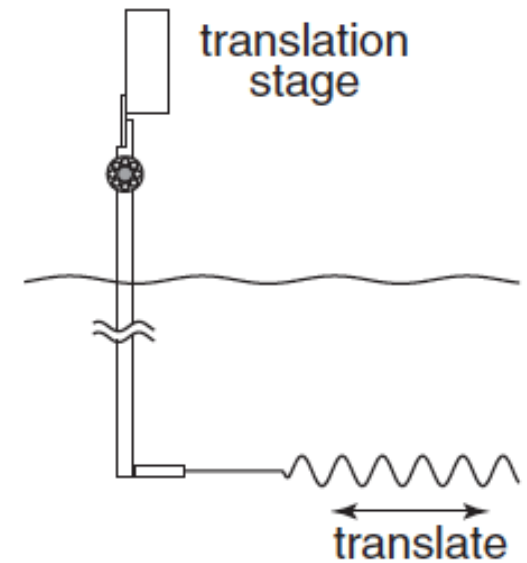
A Thrust



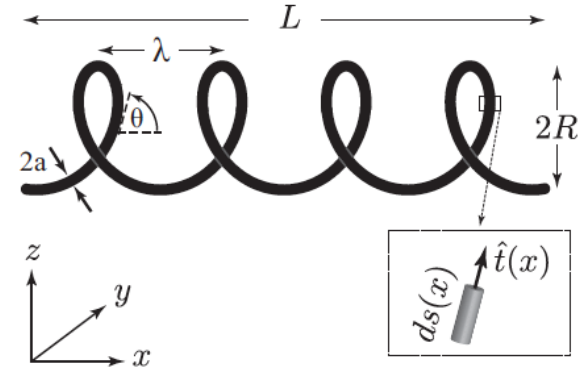
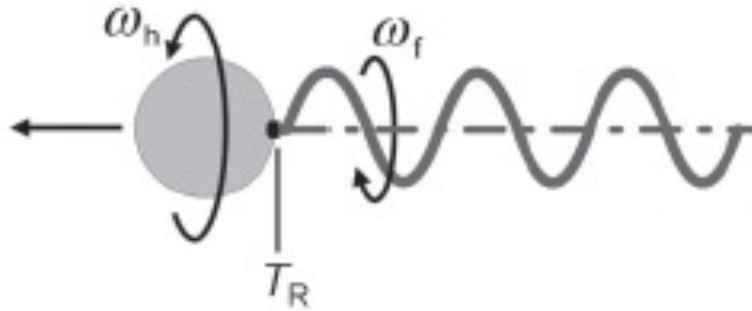
B Torque



C Drag



# Bacterial Flagellum: Theoretical Analysis



**Table 1. Parameters of flagella for several species of bacteria**  
[the filament radius  $a$  is typically  $0.01 \mu\text{m}$  (20)]

Organism (ref.)	$R, \mu\text{m}$	$\lambda/R$	$L/\lambda$
<i>Caulobacter crescentus</i> (21)			
Wild type	0.13	8.3	6
<i>Escherichia coli</i> (10)			
CCW	$0.195 \pm 0.025$	11	2.8
Stopped	$0.210 \pm 0.025$	11	2.7
<i>Rhizobium lupini</i> (22)			
Normal	$0.250 \pm 0.015$	5.4	4
Semicoiled	$0.385 \pm 0.020$	2.9	3
Curly	$0.135 \pm 0.020$	9.4	5
<i>Salmonella</i> (23)			
Wild type	$0.210 \pm 0.005$	11	4
Curly mutant	—	—	11
Tumbling mutant	$0.145 \pm 0.005$	7.6	9

Resistive Force Theory  
Slender Body Theory  
Regularized Stokeslet Theory

# Swimming at low Reynolds Number

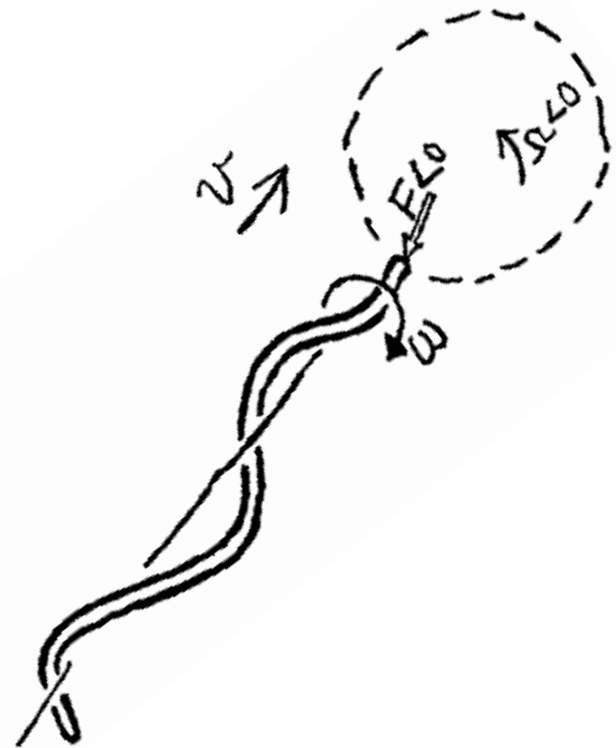


$$F = Av + B\omega$$

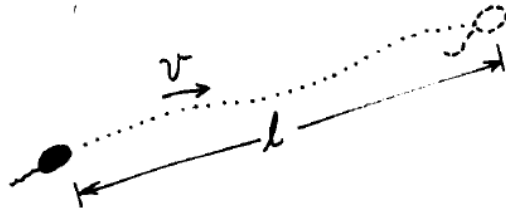
$$N = Cv + D\omega$$

$$\begin{pmatrix} A & B \\ C & D \end{pmatrix} \text{ Propulsion Matrix (Resistance Matrix)}$$

- Thin, perfectly stiff, un-twistable axial wire
- The constants of the propulsion matrix are proportional to the fluid viscosity and depend only on the shape and size of the propeller
- The torque and force on the cell must be equal and opposite to the torque and force on the propeller



# Navigation



to out-swim diffusion:

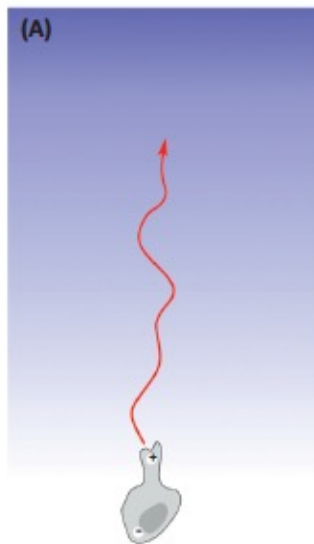
$$l \geq D/v \quad l \geq 30 \mu$$



$$S \approx 10^{-2}$$

local stirring accomplishes nothing

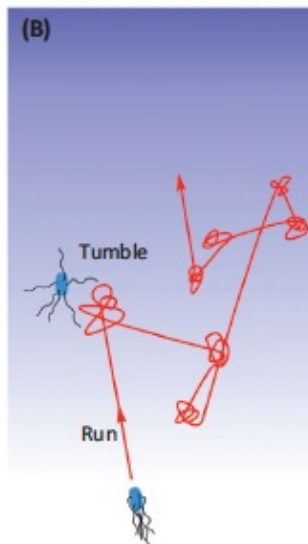
Spatial comparison



Slime mold *Dictyostelium*

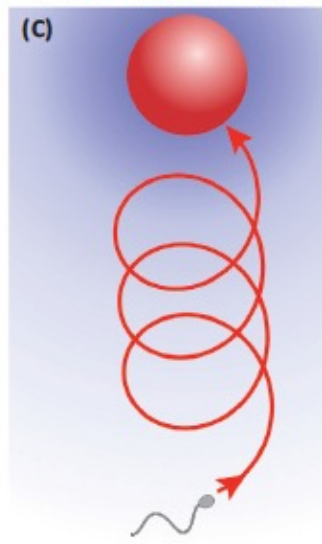
Temporal comparison

Biased random walk



Bacterium *E. coli*

Deterministic chemotaxis

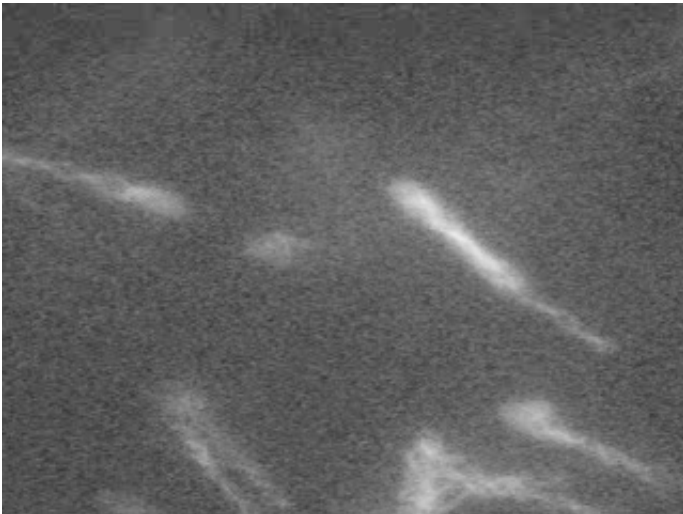
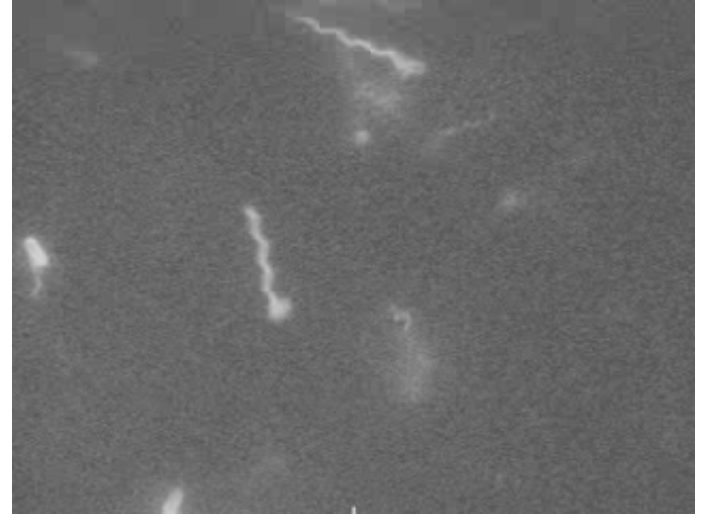
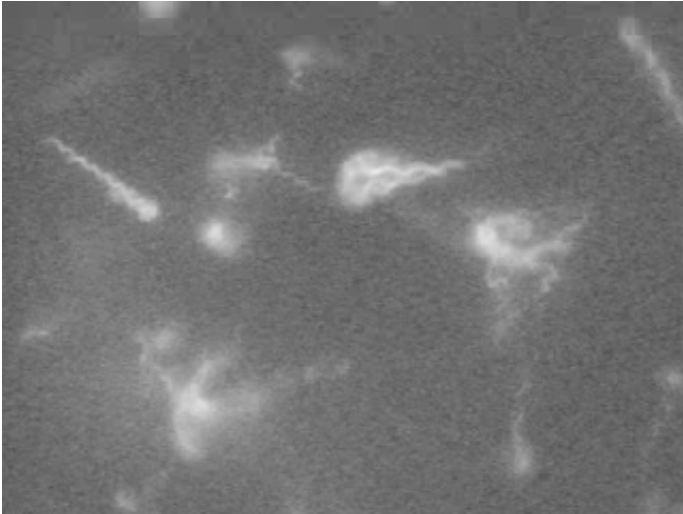


Sea urchin sperm

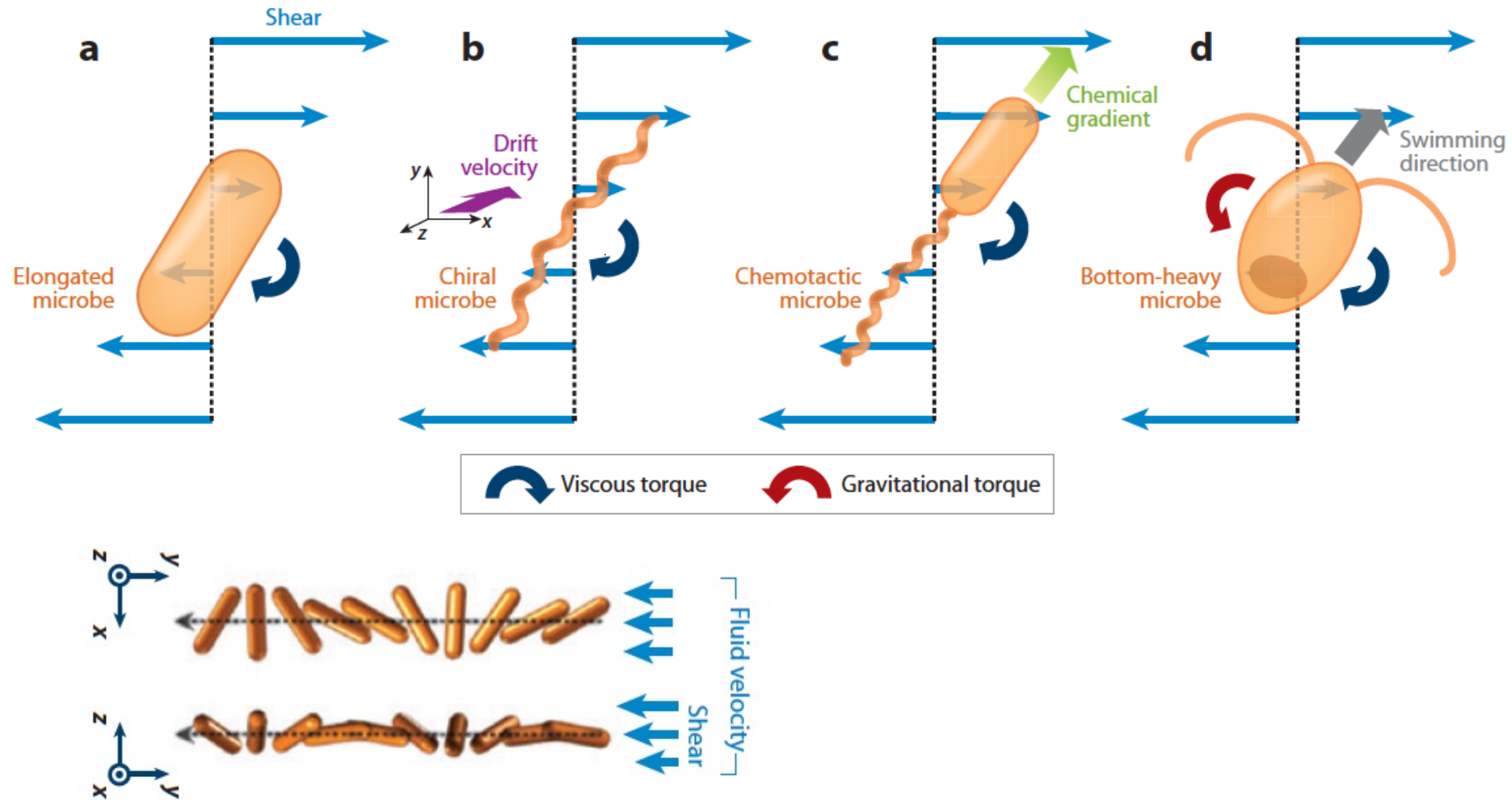
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# Navigation

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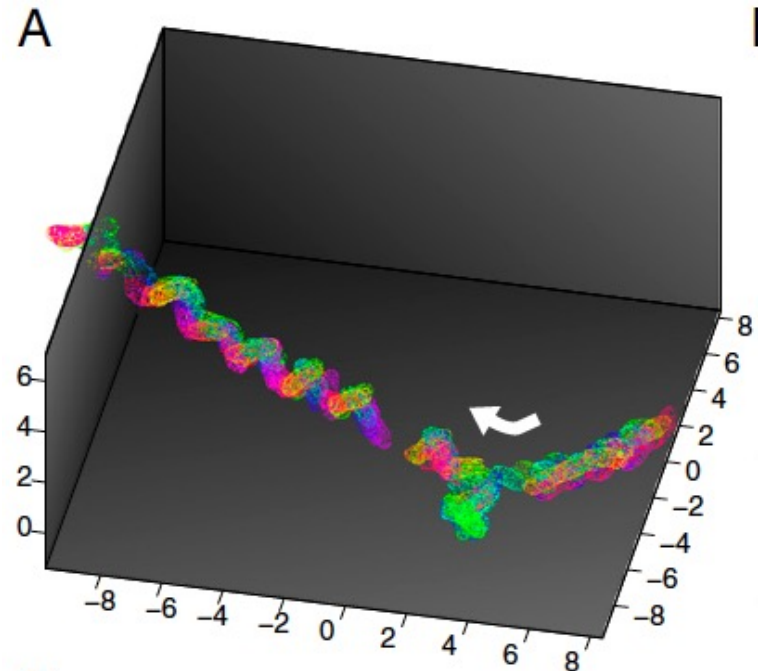
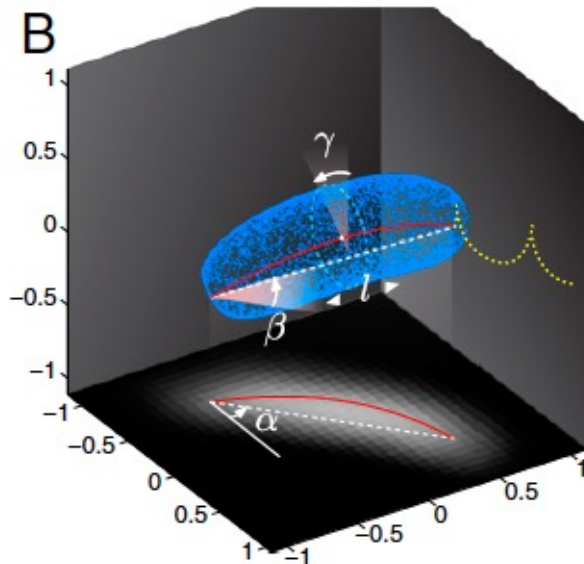
# Taxis Behavior



# Helical motion of the cell body



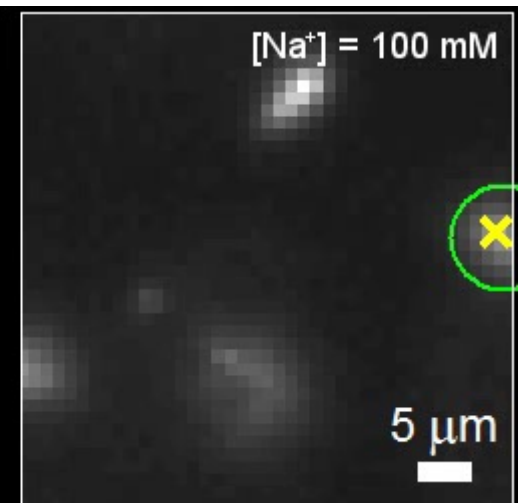
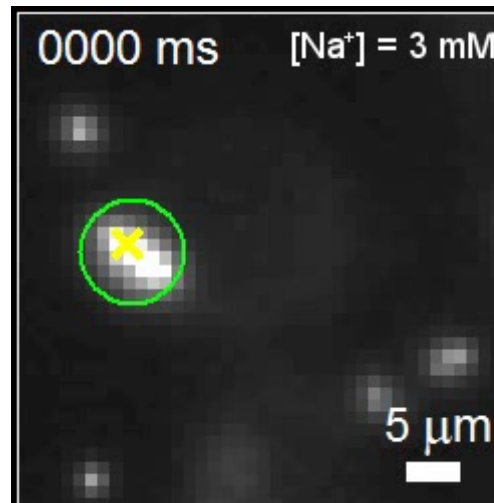
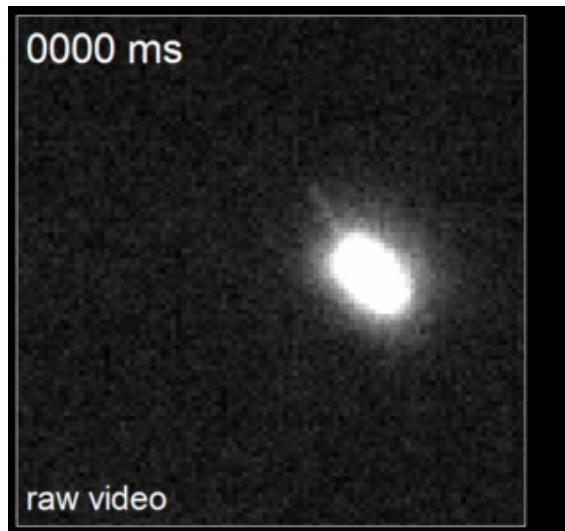
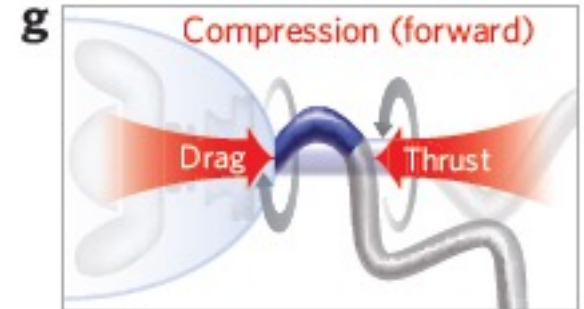
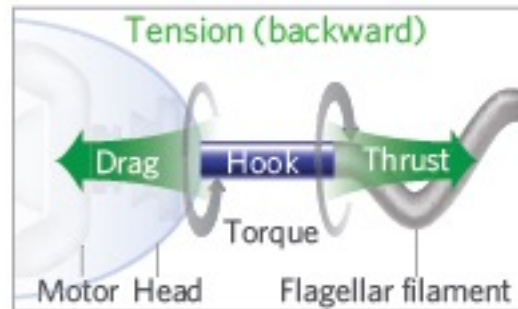
- Uniflagellated *Caulobacter crescentus* display two modes of swimming motility
  - Forward mode: Cell body is tilted wrt the direction of motion (precession due to flexible hook)
  - Reverse mode: Precession is smaller and the cell has a lower motility





# Elastic Instabilities and Changing Direction

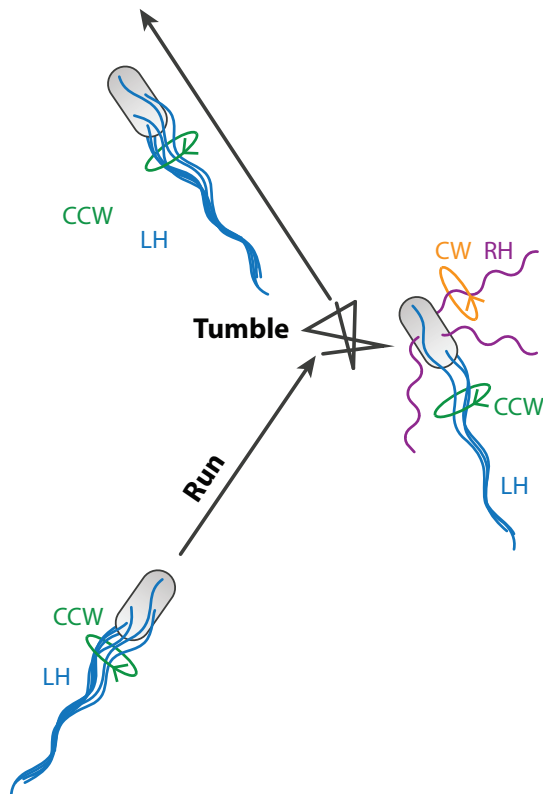
*Vibrio alginolyticus*



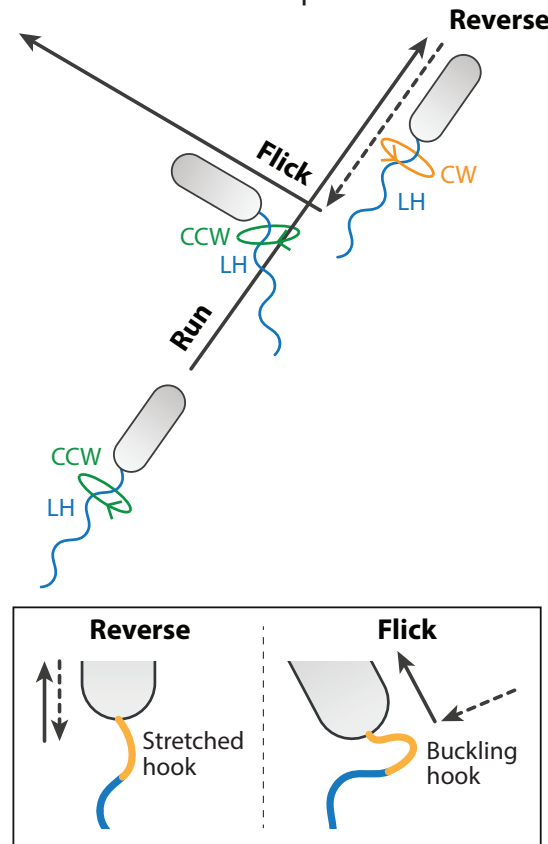


# Elastic Instabilities and Changing Direction

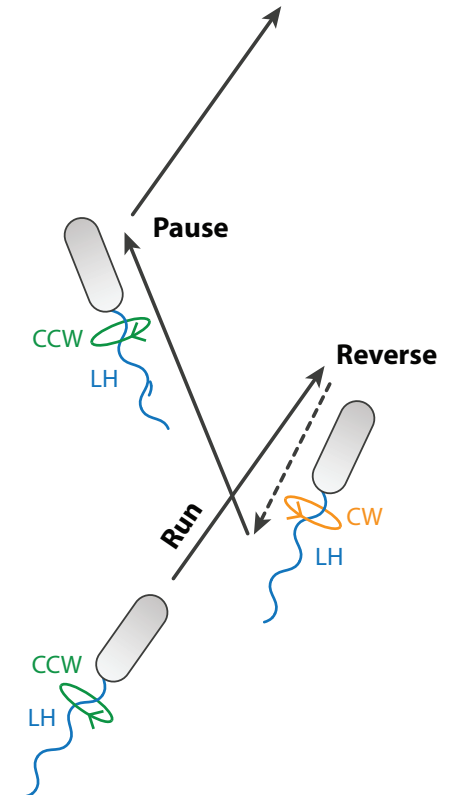
**a** Run-tumble pattern



**b** Run-reverse-flick pattern

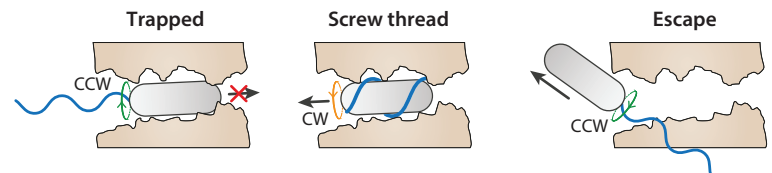
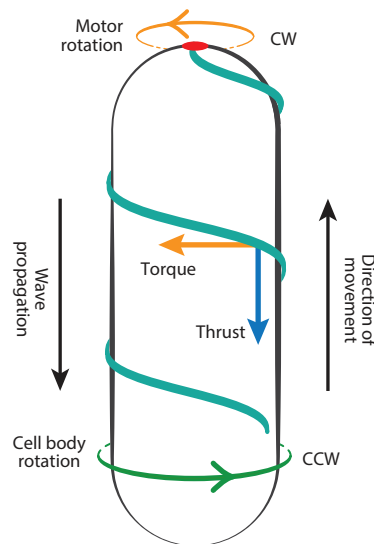
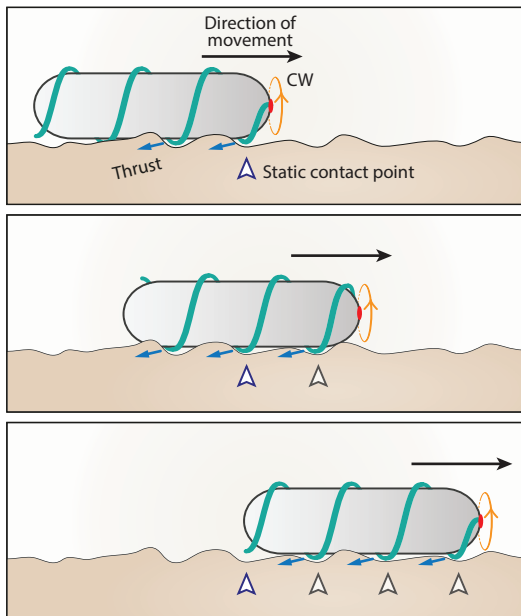
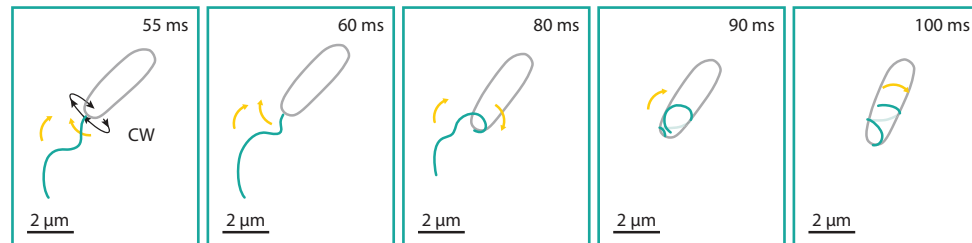
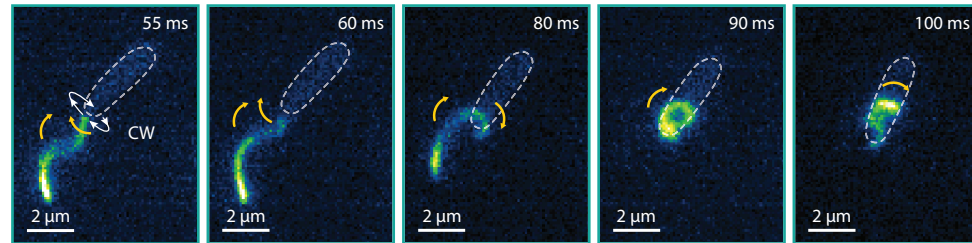


**c** Run-reverse pattern



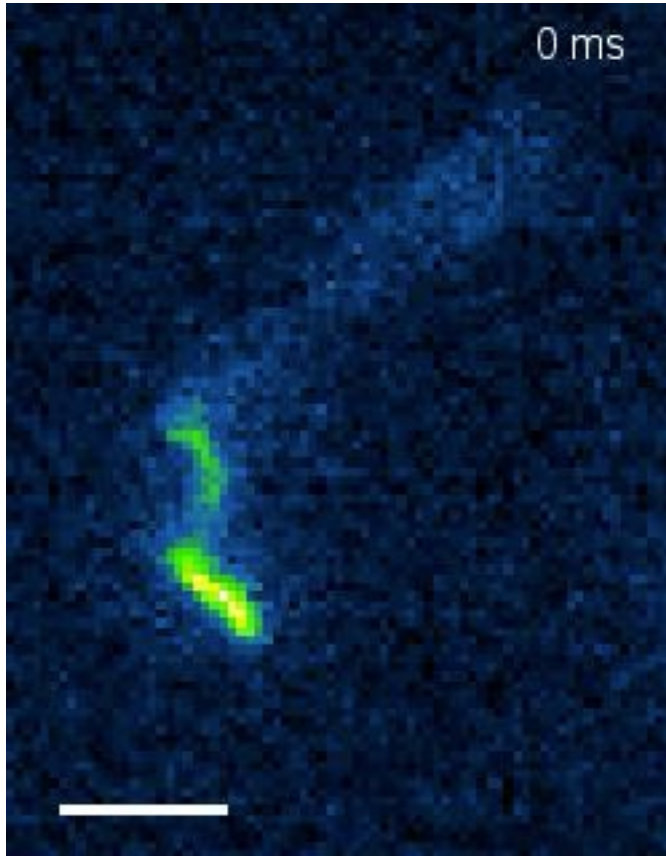
# Elastic Instabilities to Escape from Traps

*S. putrefaciens*



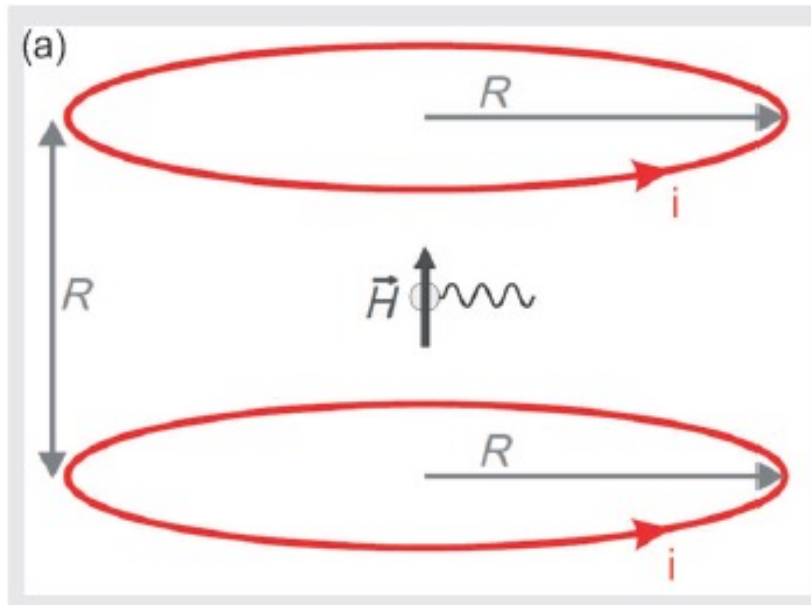
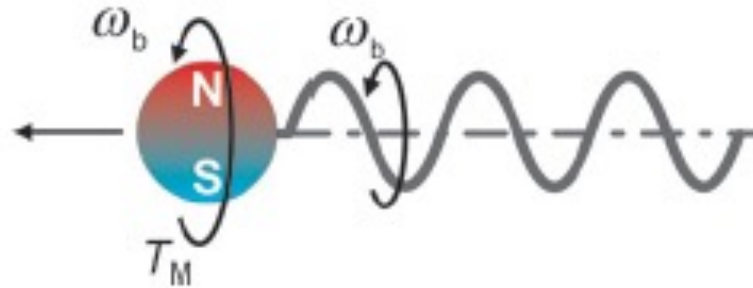
# Elastic Instabilities to Escape from Traps

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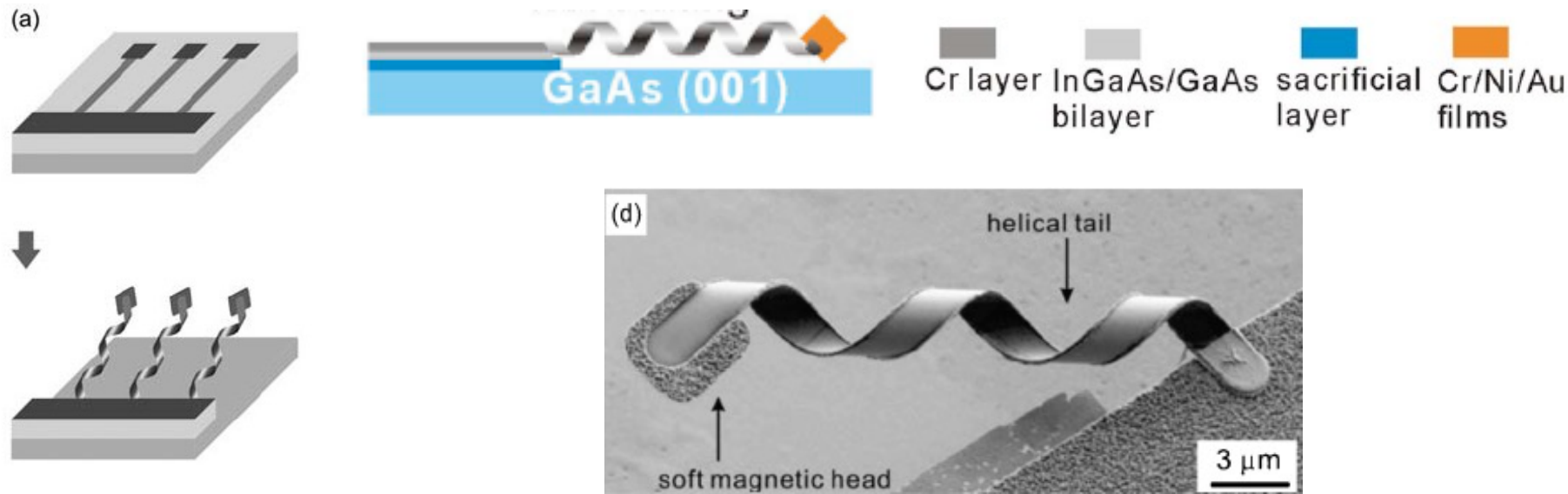


# Corkscrew Motion with Artificial Microswimmers

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# Self-scrolling

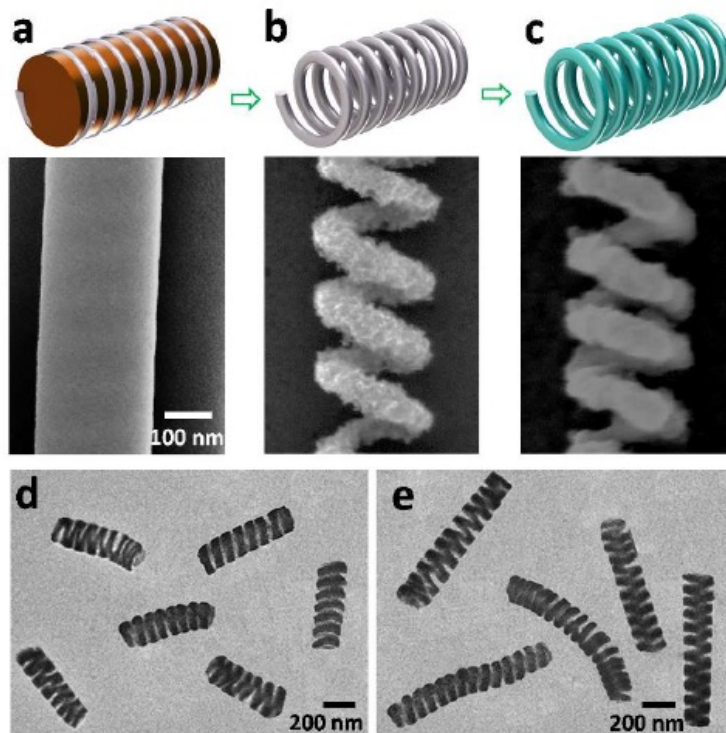


$$R = \frac{(h_1 + h_2) \left( 8(1+m)^2 + (1+mn) \left( m^2 + \frac{1}{mn} \right) \right)}{6\varepsilon(1+m)^2}$$

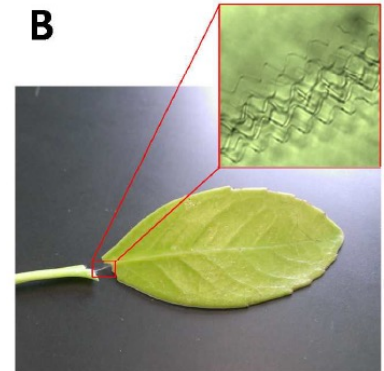
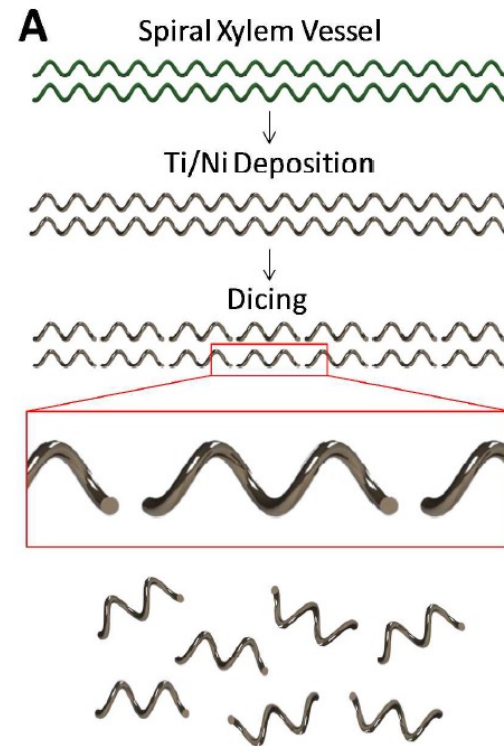
$$n = E_1/E_2$$

$$m = h_1/h_2$$

# Growing on Seed Material

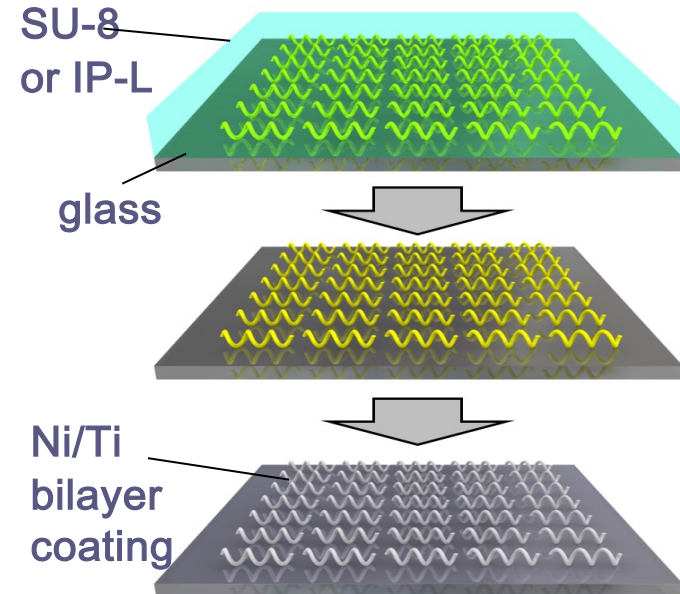
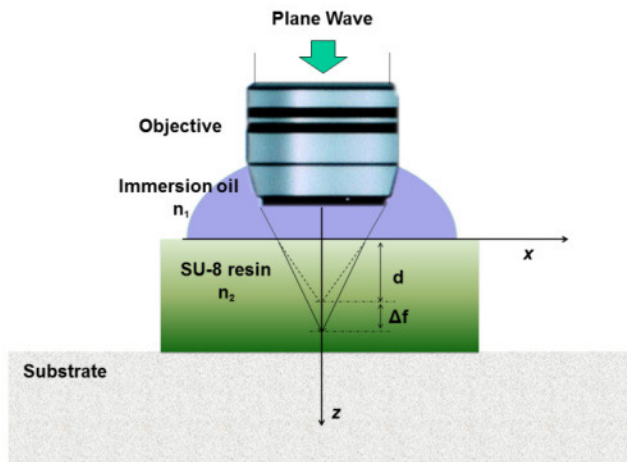
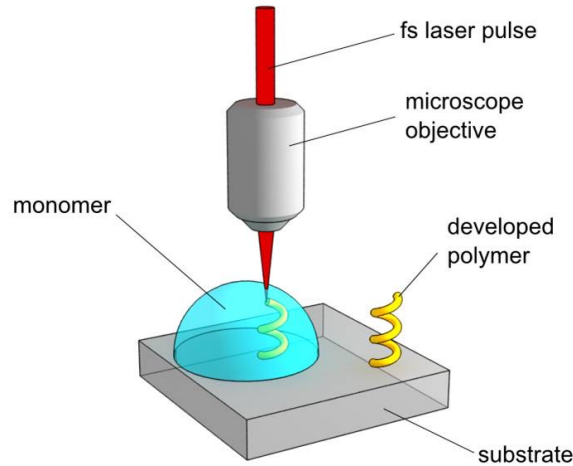


Pd/Cu rods  
Cu etching  
Ni coating on Pd nanospring



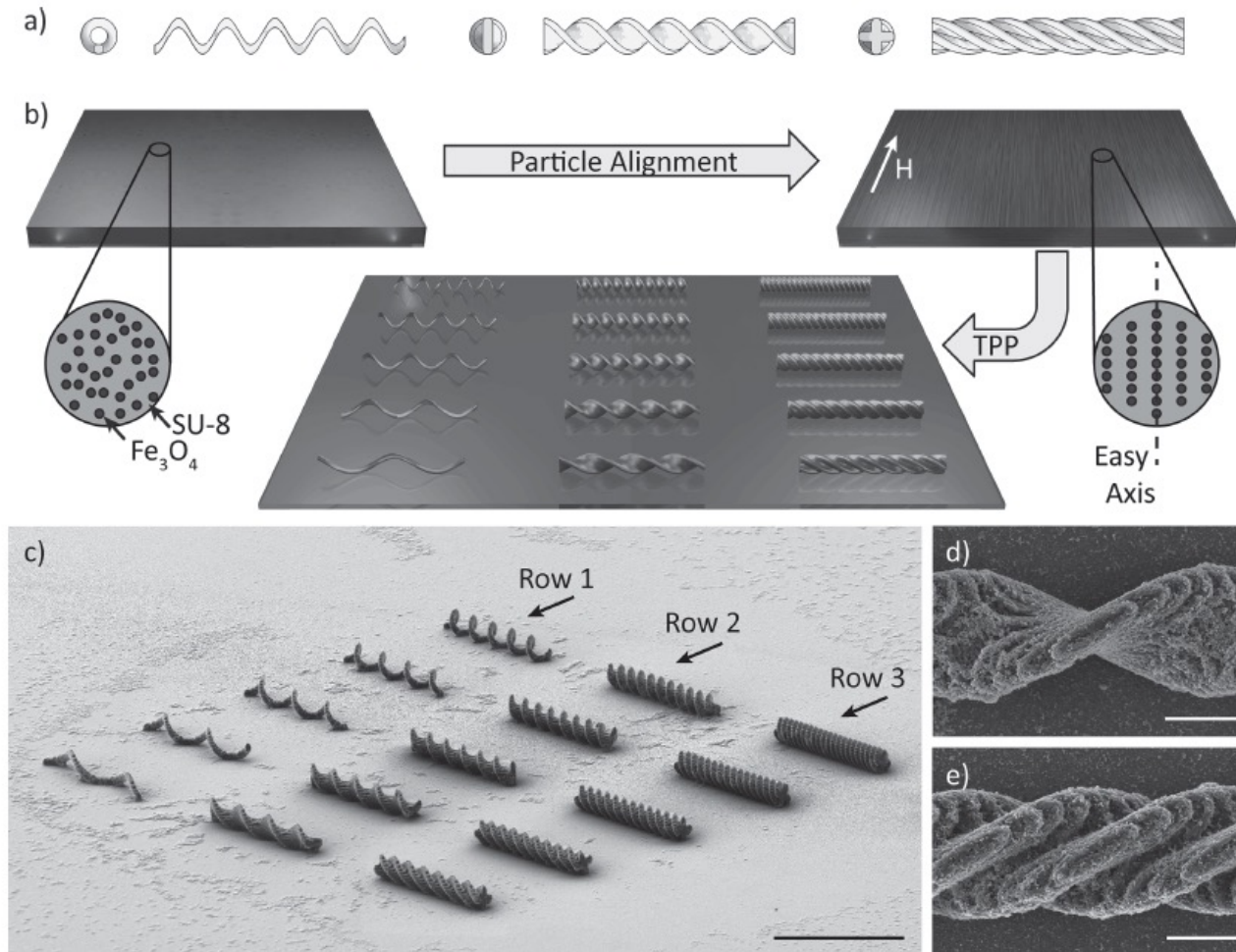


# Direct Laser Writing



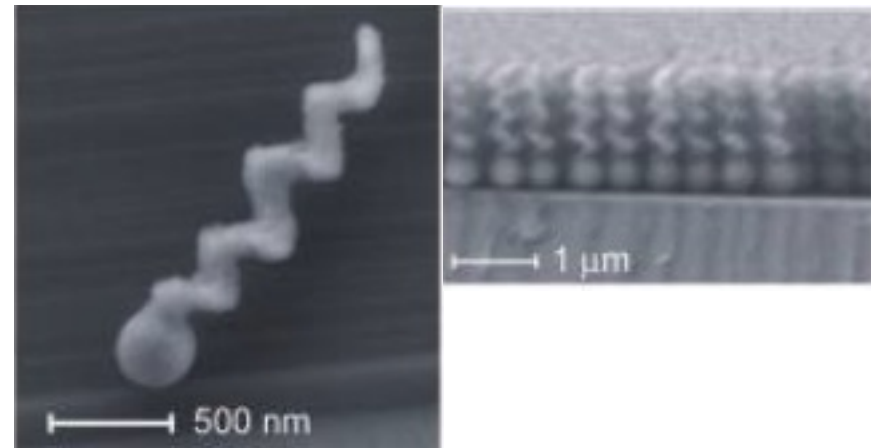
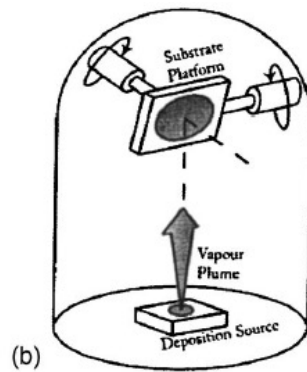
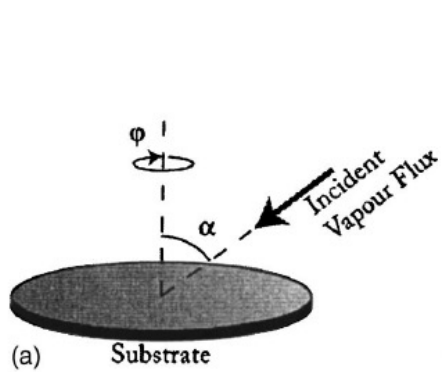
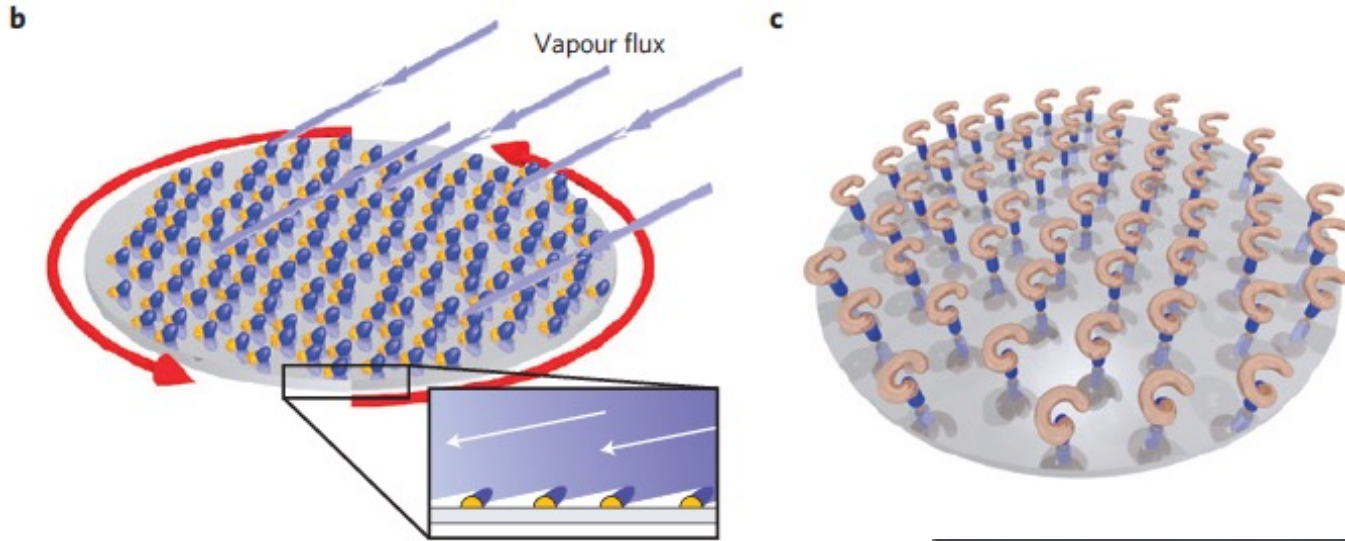
Nanometer scale resolution  
Nickel evaporation for magnetization  
Titanium evaporation for functionalization

# 3D Printing of Nanocomposites

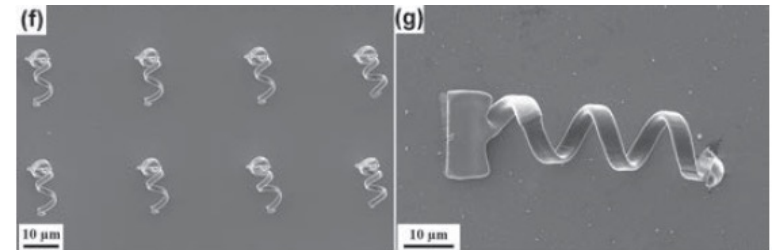
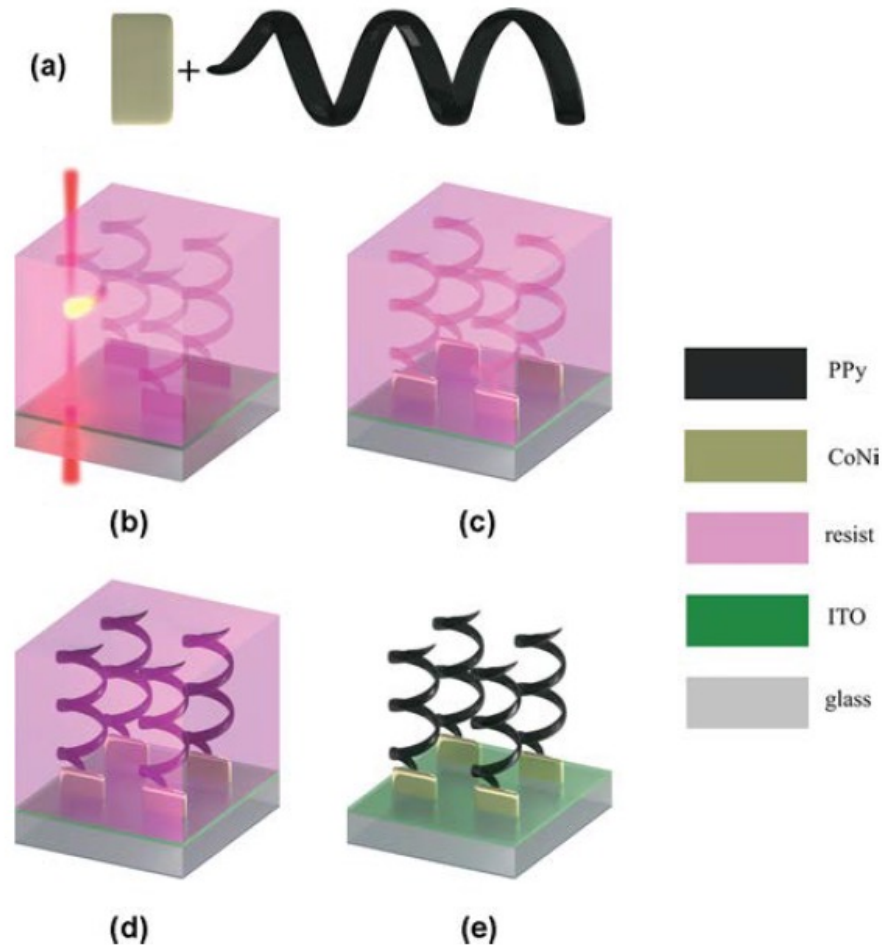




# Glancing Angle Deposition

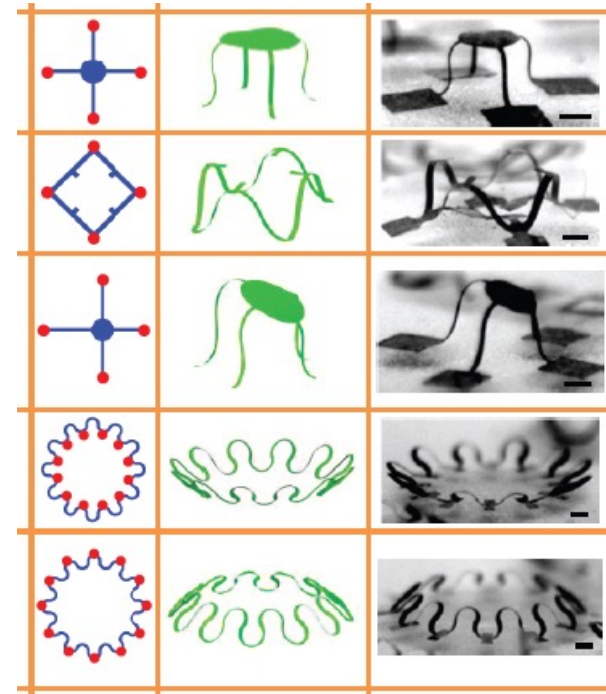
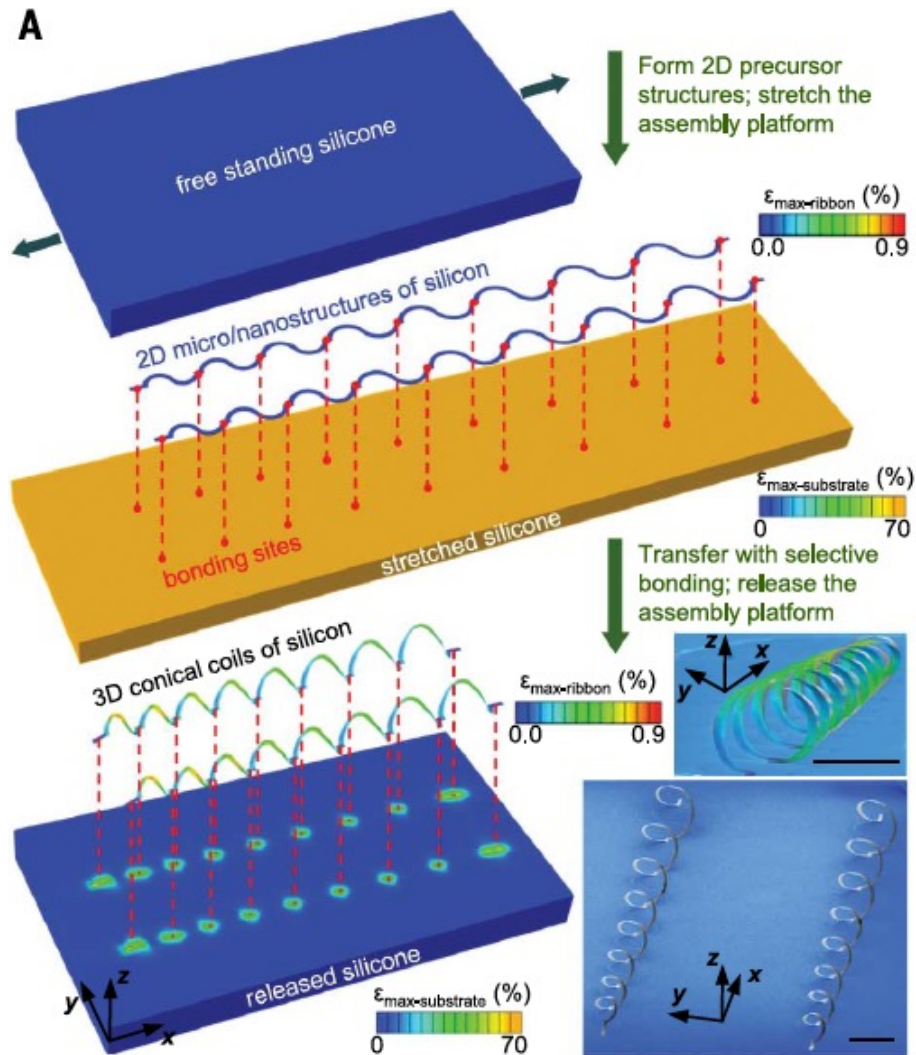


# 3D Printing and Electrodeposition

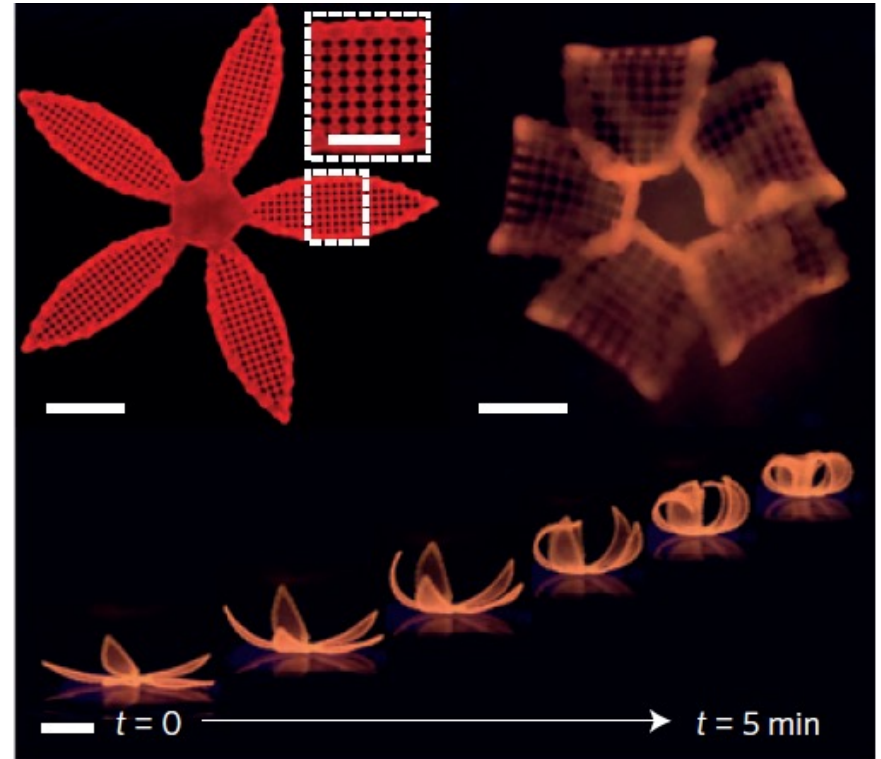
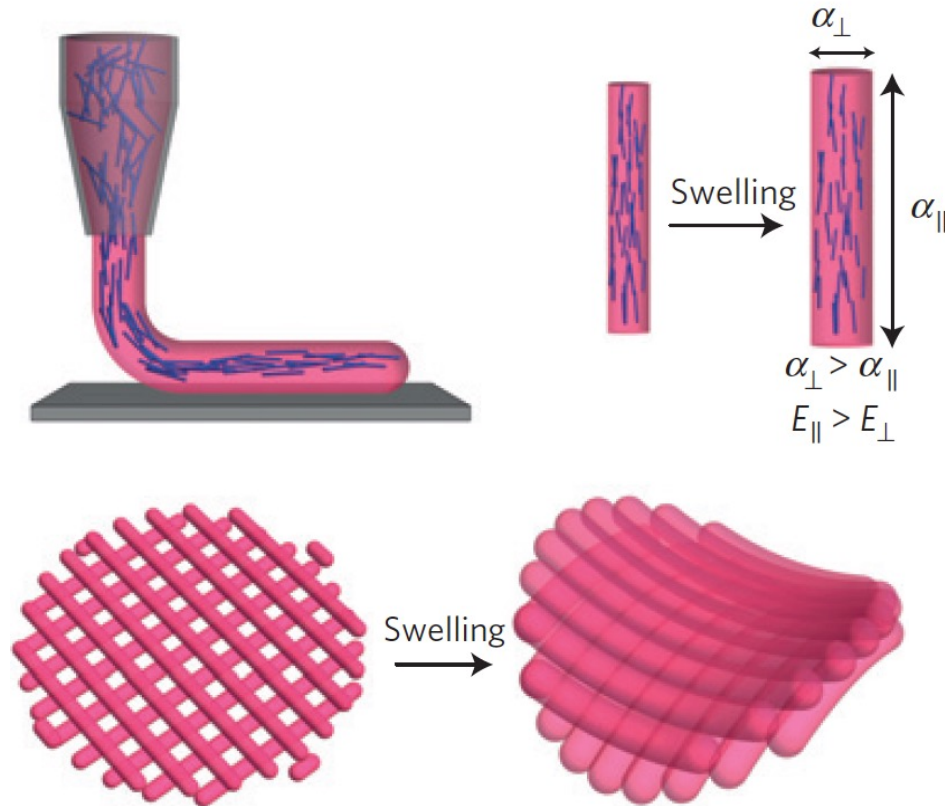


3D photoresist template  
Fill with electrodeposition  
Magnetic head  
Polypyrrole Tail

# Compressive Buckling of Silicon



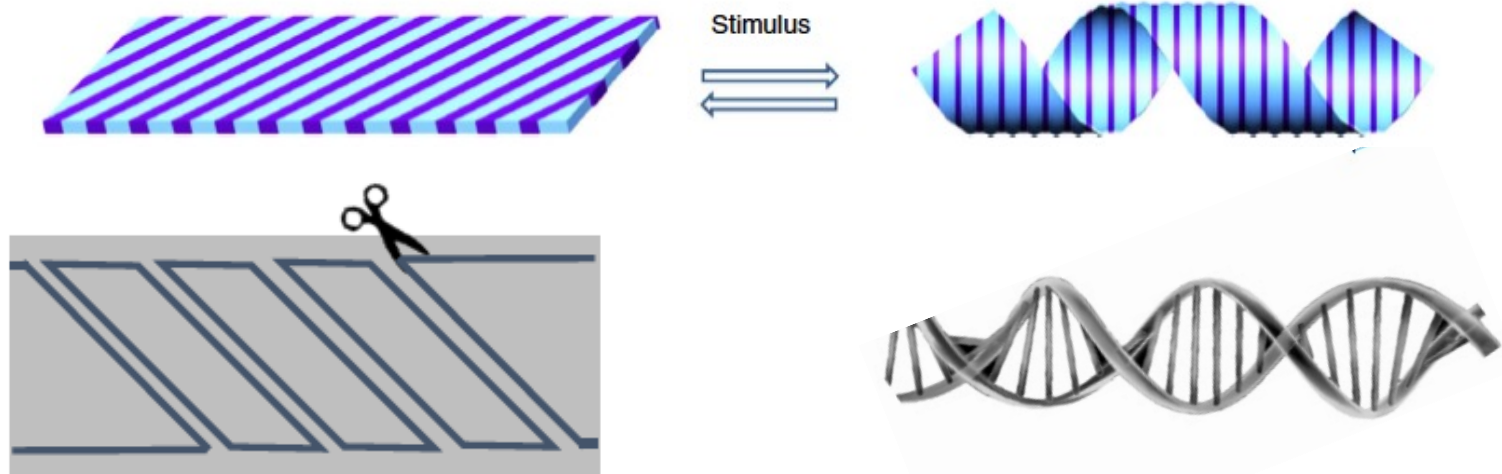
# 4D Printing



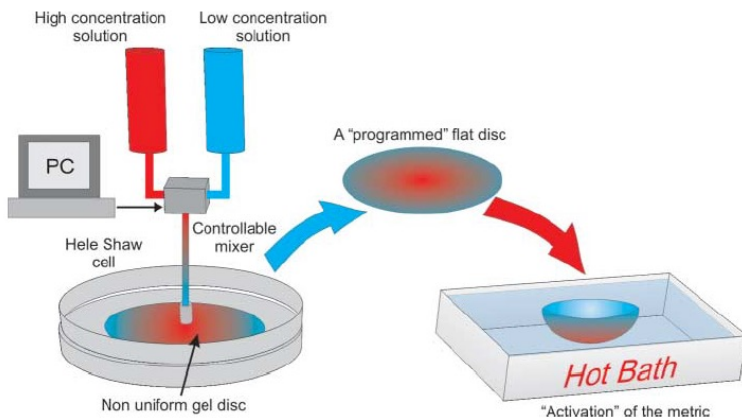
$$\kappa h = \frac{6\Delta\varepsilon(1+m)^2}{3(1+m)^2 + (1+mn)(m^2 + \frac{1}{mn})}$$



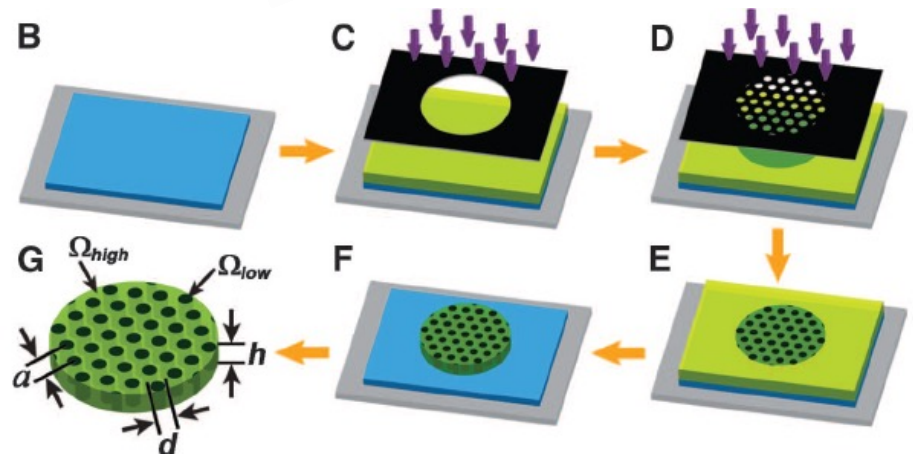
# Origami and Kirigami with Hydrogels



Klein et al, *Science*, 2007

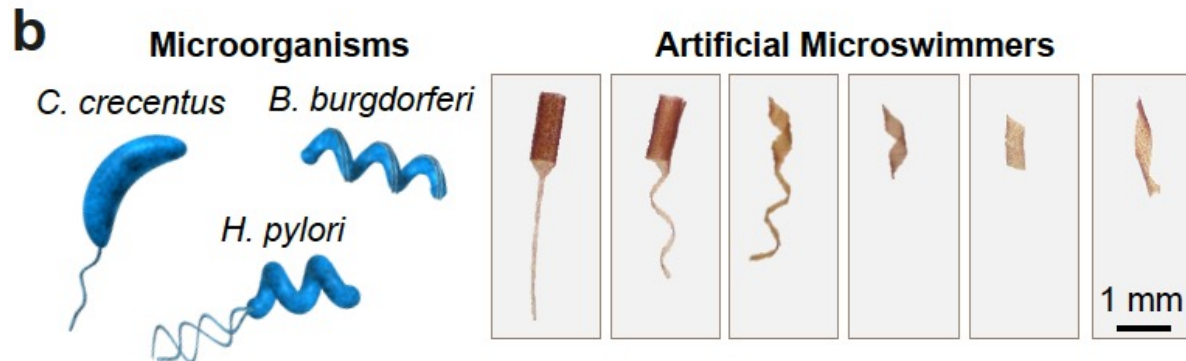
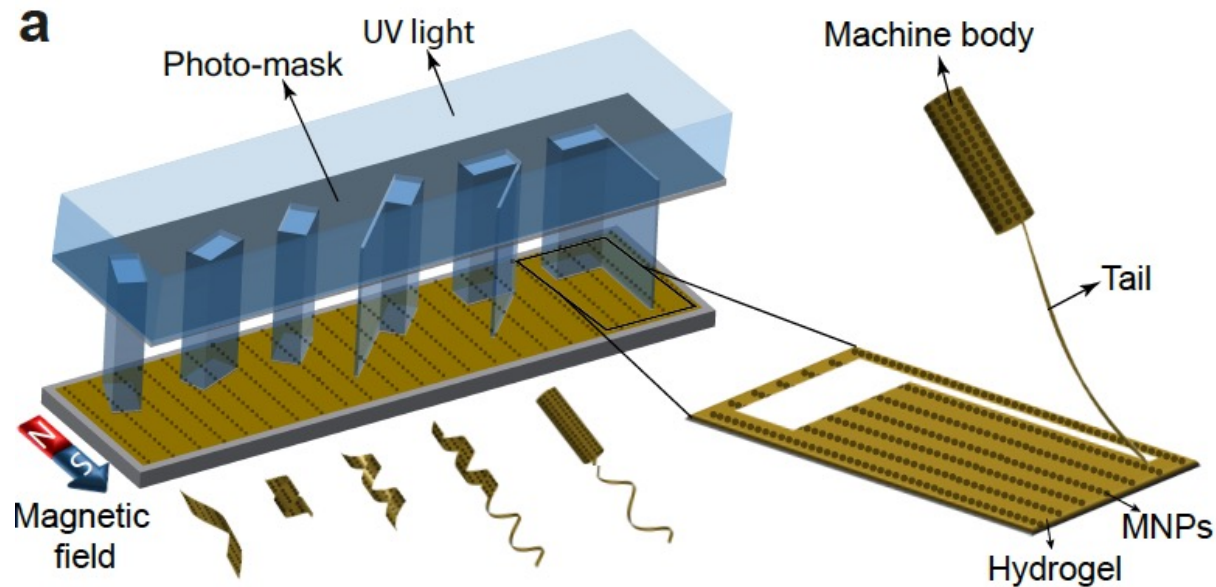


Kim et al, *Science*, 2012

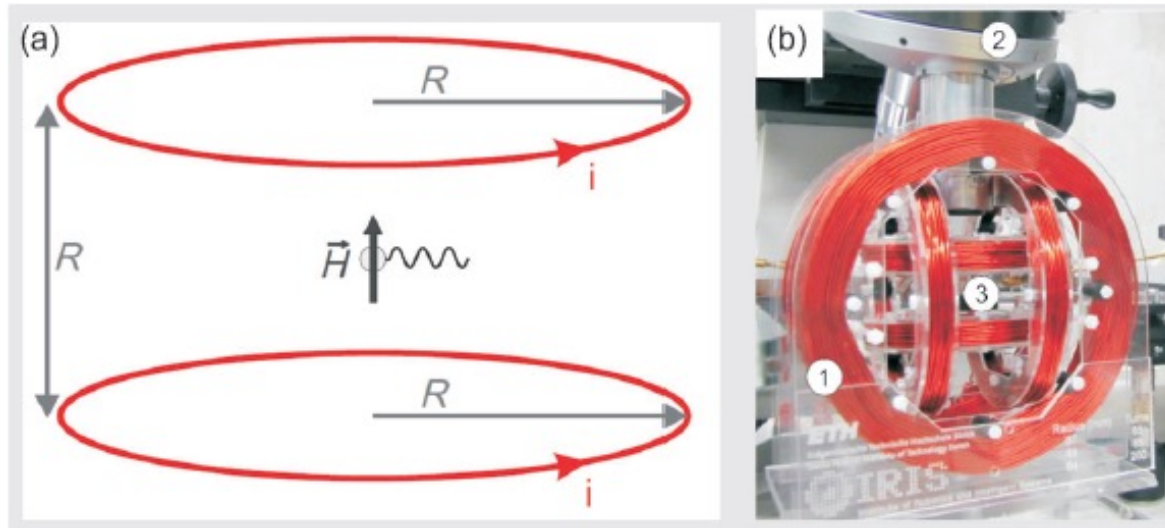


# Programmable self-folding

- Differential Swelling via Particle Gradients



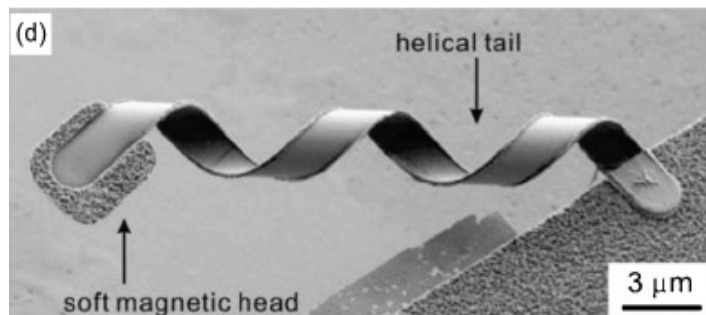
# Artificial Microswimmers



Zhang, **APL**, 2010

$$\mathbf{T} = v\mathbf{M} \times \mathbf{B}$$

Diagram illustrating the forces and torque on a helical structure. A wavy line represents the helical tail. A force  $F, u$  is applied to the left, and a torque  $\tau, \omega$  is applied clockwise.



# Propulsion Matrix

---

- Linear relationship between force  $F$ , torque  $\tau$ , velocity  $u$  and rotational speed  $\omega$

$$\begin{pmatrix} F \\ \tau \end{pmatrix} = \begin{pmatrix} a & b \\ b & c \end{pmatrix} \cdot \begin{pmatrix} u \\ \omega \end{pmatrix}$$



- Measuring the parameter of the propulsion matrix
  - Gravity compensation
  - Free-fall
  - Horizontal swimming

$$\begin{pmatrix} a & b \\ b & c \end{pmatrix} = \begin{pmatrix} 1.5 \cdot 10^{-7} & 1.6 \cdot 10^{-14} \\ 1.6 \cdot 10^{-14} & 1.5 \cdot 10^{-19} \end{pmatrix}$$



# Propulsion Matrix

---

- **Experiment 1:** Vertical balancing ( $u = 0$ )
  - ABF in vertical position
  - Propulsive force equalizes the external forces (gravity & buoyancy)

$$F_{ext} = -F_{grav} + F_{buoy}$$

$$F = a \cdot u + b \cdot \omega \quad (i) \quad b = \frac{F_{ext}}{\omega}$$
$$\tau = b \cdot u + c \cdot \omega \quad (ii)$$



- Experiment: tune  $\omega$  until ABF does not move out of focus anymore
  - $F_{ext} = -5.1 \cdot 10^{-13} \text{ N}$ ,  $\omega = 31 \text{ rad/s}$

$$b = -1.6 \cdot 10^{-13} \text{ N}\cdot\text{s}$$

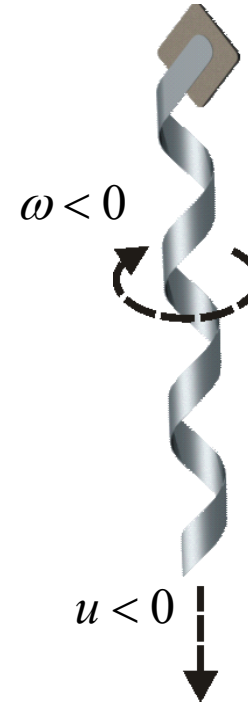
# Propulsion Matrix

- **Experiment 2:** Vertical free-fall ( $\tau = 0$ )
  - ABF in vertical position
  - Free-fall velocity

$$F = a \cdot u + b \cdot \omega \quad (\text{i})$$

$$\tau = b \cdot u + c \cdot \omega \quad (\text{ii})$$

$$c = -\frac{b \cdot u}{\omega}$$



- Experiment: switch off actuation and record speed
  - $\omega = -0.28 \text{ rad/s}$

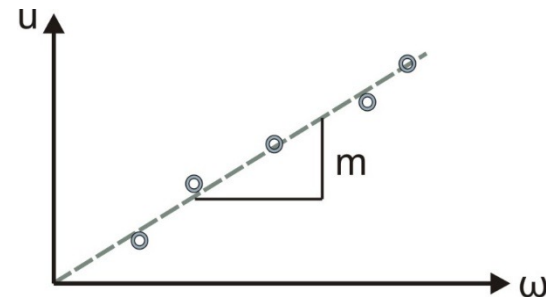
$$\mathbf{c = 2.3 \cdot 10^{-19} \text{ N} \cdot \text{s} \cdot \text{m}}$$

# Propulsion Matrix

- **Experiment 3:** Horizontal swimming ( $F = 0$ )
  - ABF in horizontal position



$$F = a \cdot u + b \cdot \omega \quad (\text{i}) \quad u = -\frac{b}{a} \omega$$
$$\tau = b \cdot u + c \cdot \omega \quad (\text{ii}) \quad \underbrace{\quad}_{=: m}$$

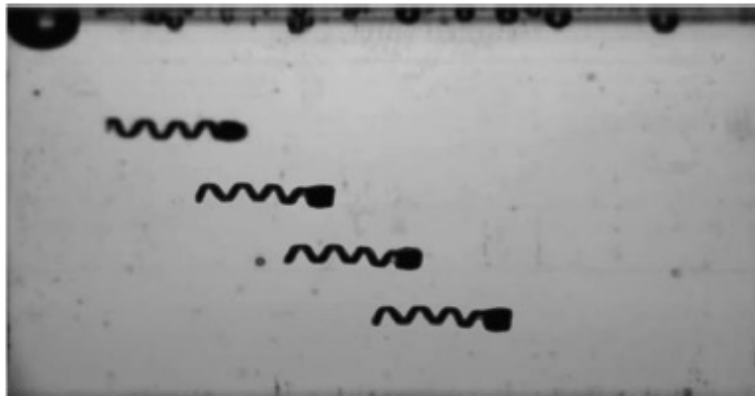
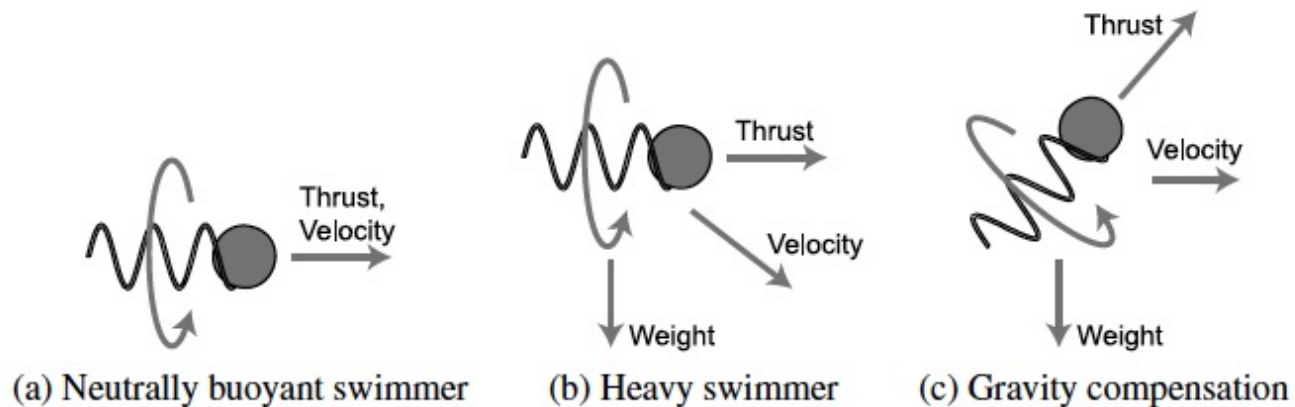


- Experiment: drive ABF at different frequencies and record velocities
  - Extract slope  $m$  of the linear  $\omega$ - $u$  relationship
  - $m = 1.1 \cdot 10^{-7} \text{ m/rad}$

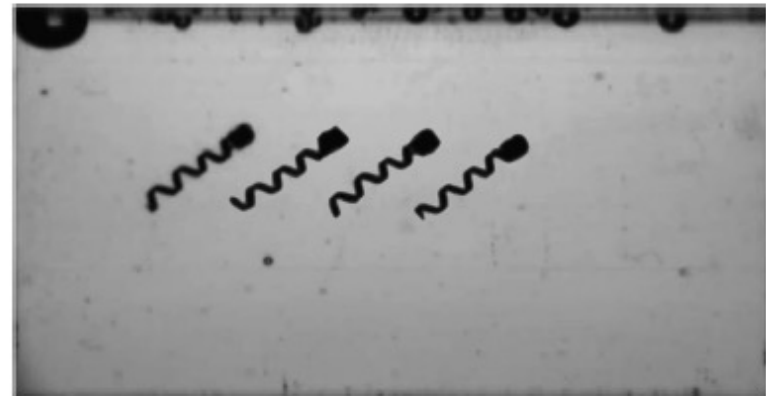
$$a = 1.5 \cdot 10^{-7} \text{ N}\cdot\text{s/m}$$

# Gravity Compensation

- Density depends on material choice
- Moving up against gravity

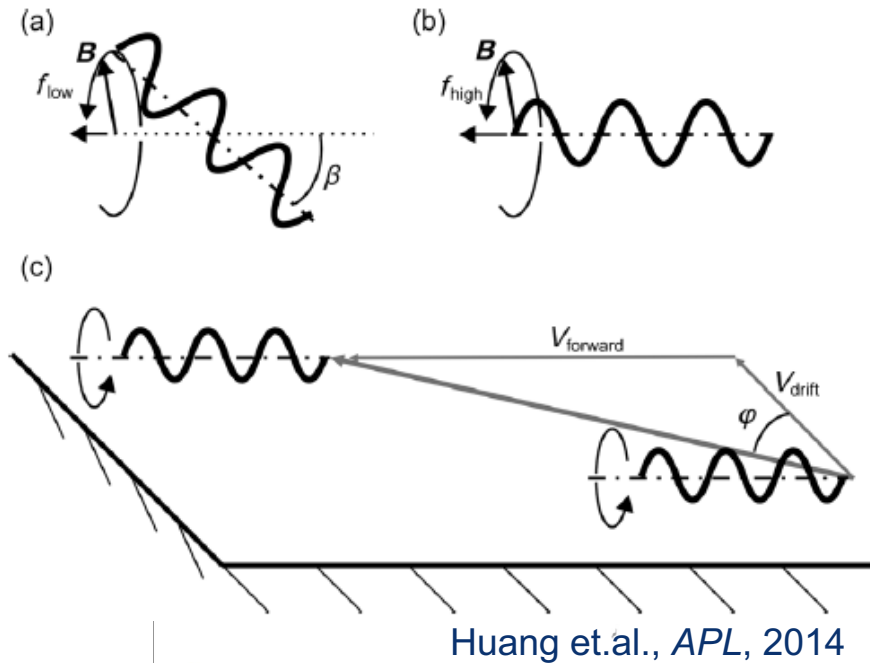


(d) Experiment without gravity compensation

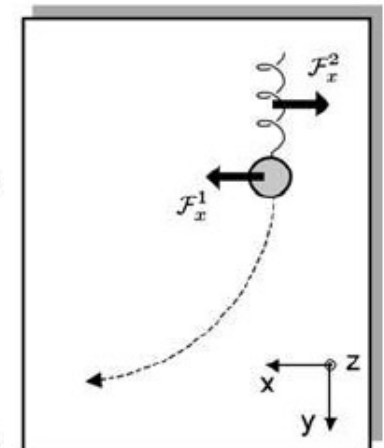
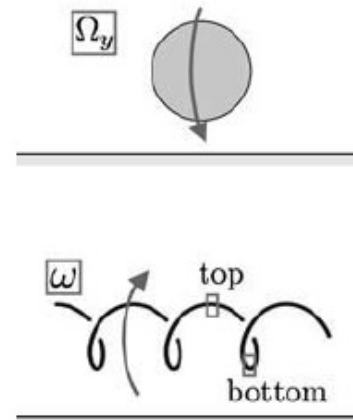
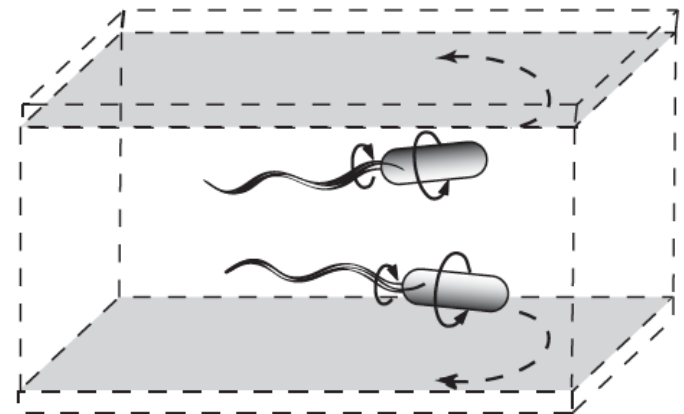


(e) Experiment with gravity compensation

# Wobbling Motion and Drift

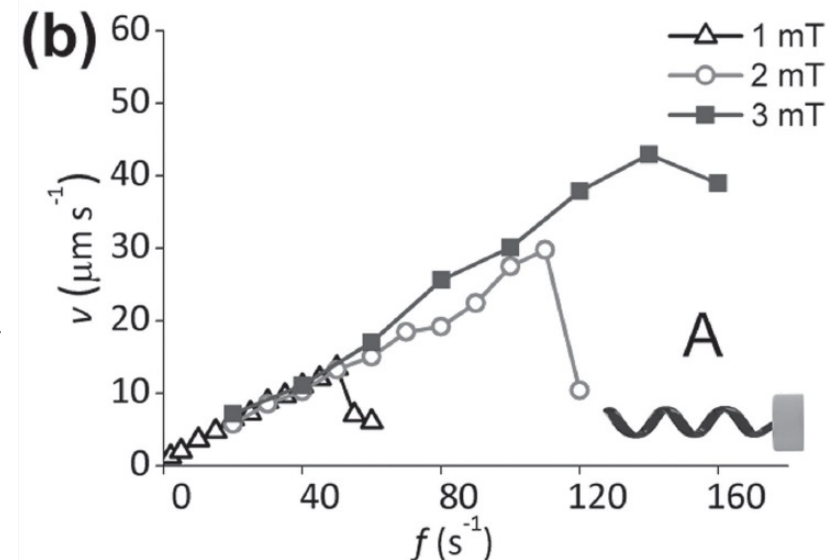


Bacteria swim in circles near planar surfaces

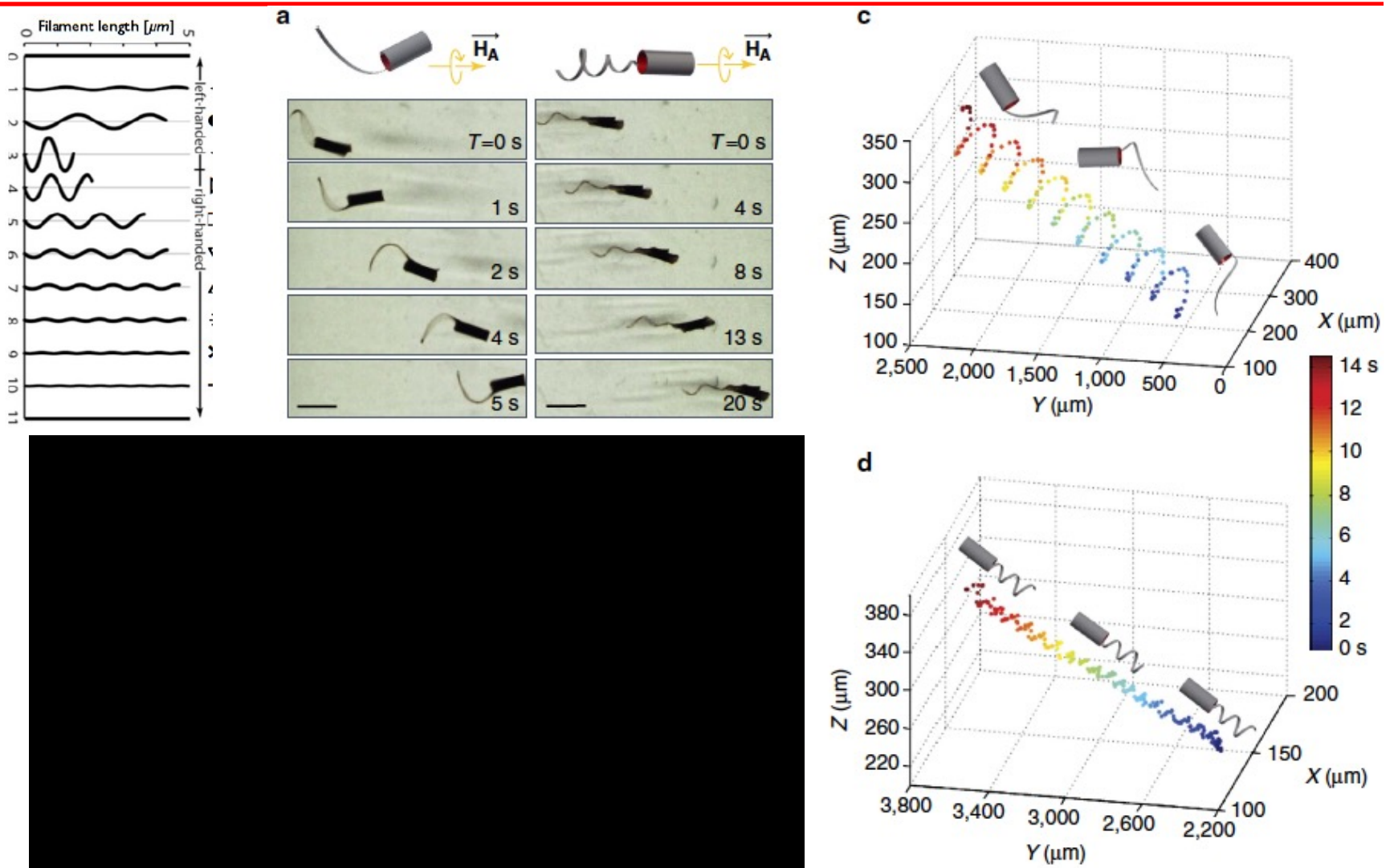


# Step-out Frequency

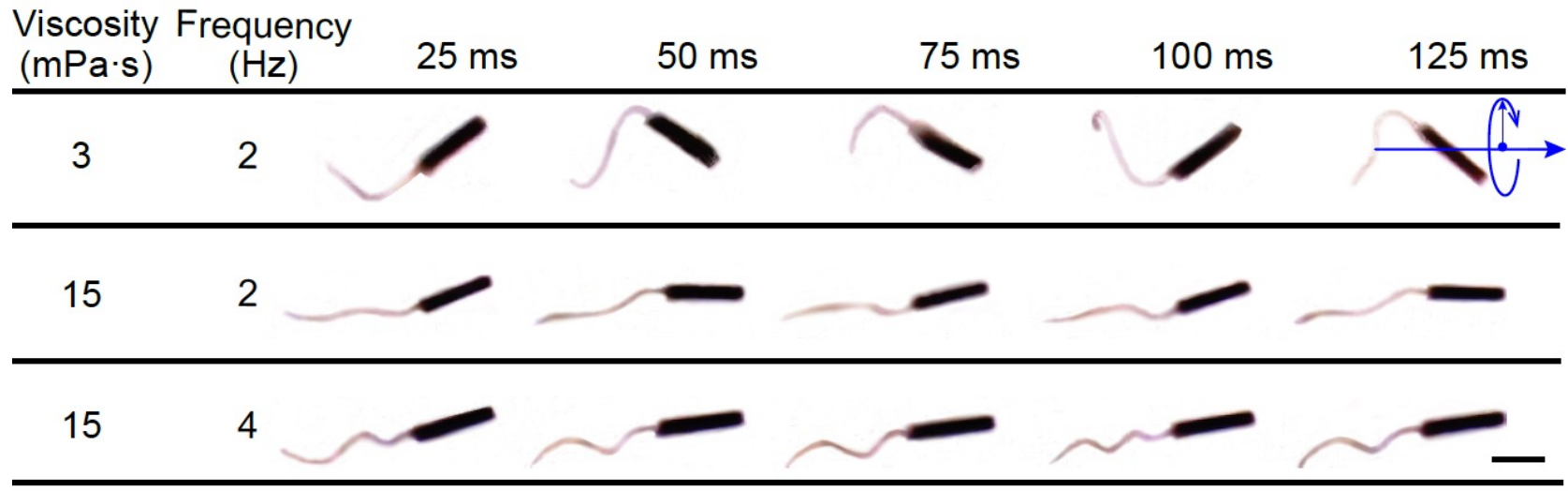
- When the applied magnetic field rotates sufficiently slowly, the robots synchronously rotate with the field
- There exists a rotation frequency above which the applied magnetic torque is not strong enough to keep the robot synchronized with the field
  - Step-out frequency
- Step-out frequency depends on
  - Robot magnetization
  - Friction
  - Field strength
- Robot's velocity rapidly declines when operated above step out frequency



# The role of tail geometry



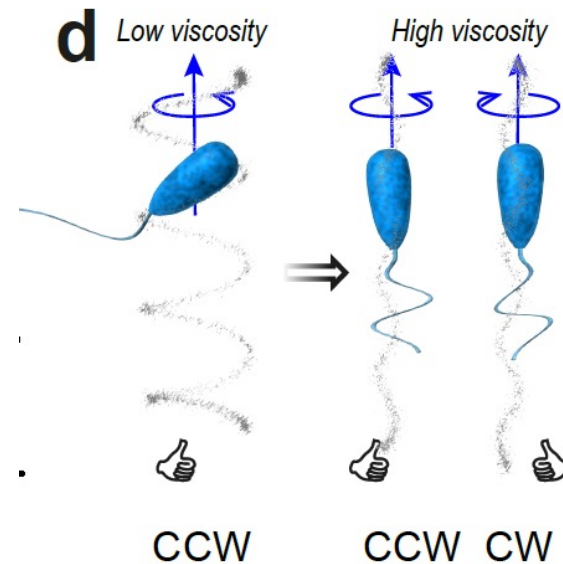
# Elastohydrodynamic Coupling



**Sperm Number**

$$S_p = L / \left( \frac{\kappa}{\xi_{\perp} \omega} \right)^{1/4}$$

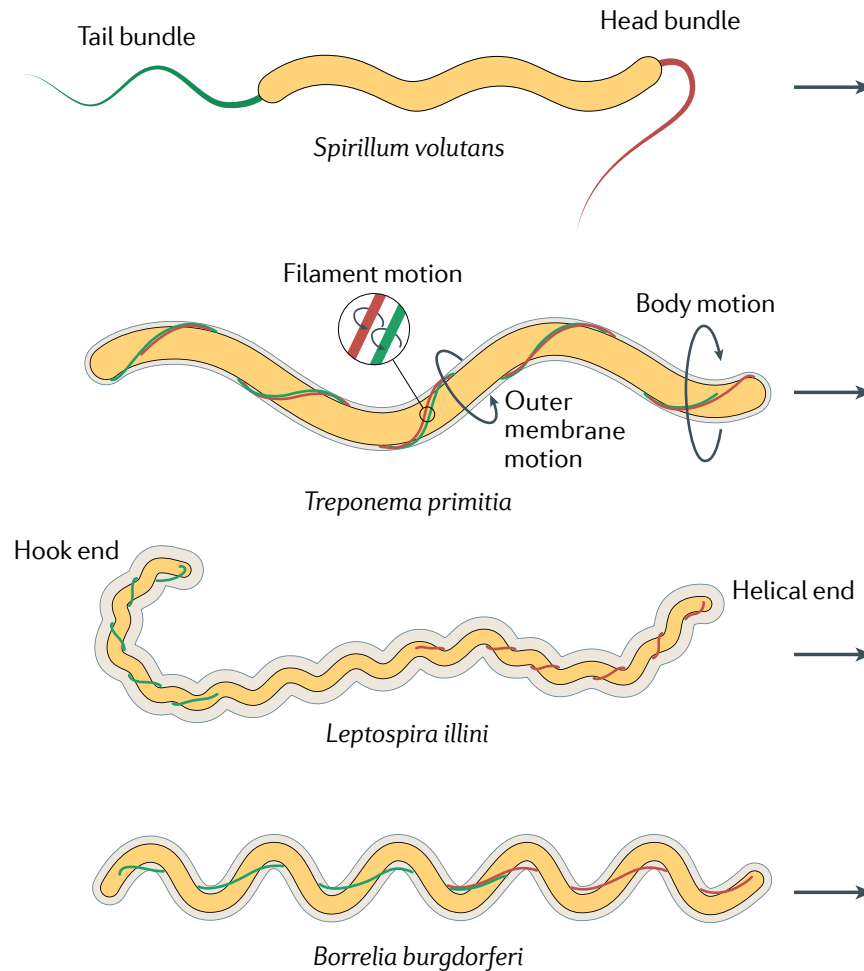
Bending rigidity vs viscous drag



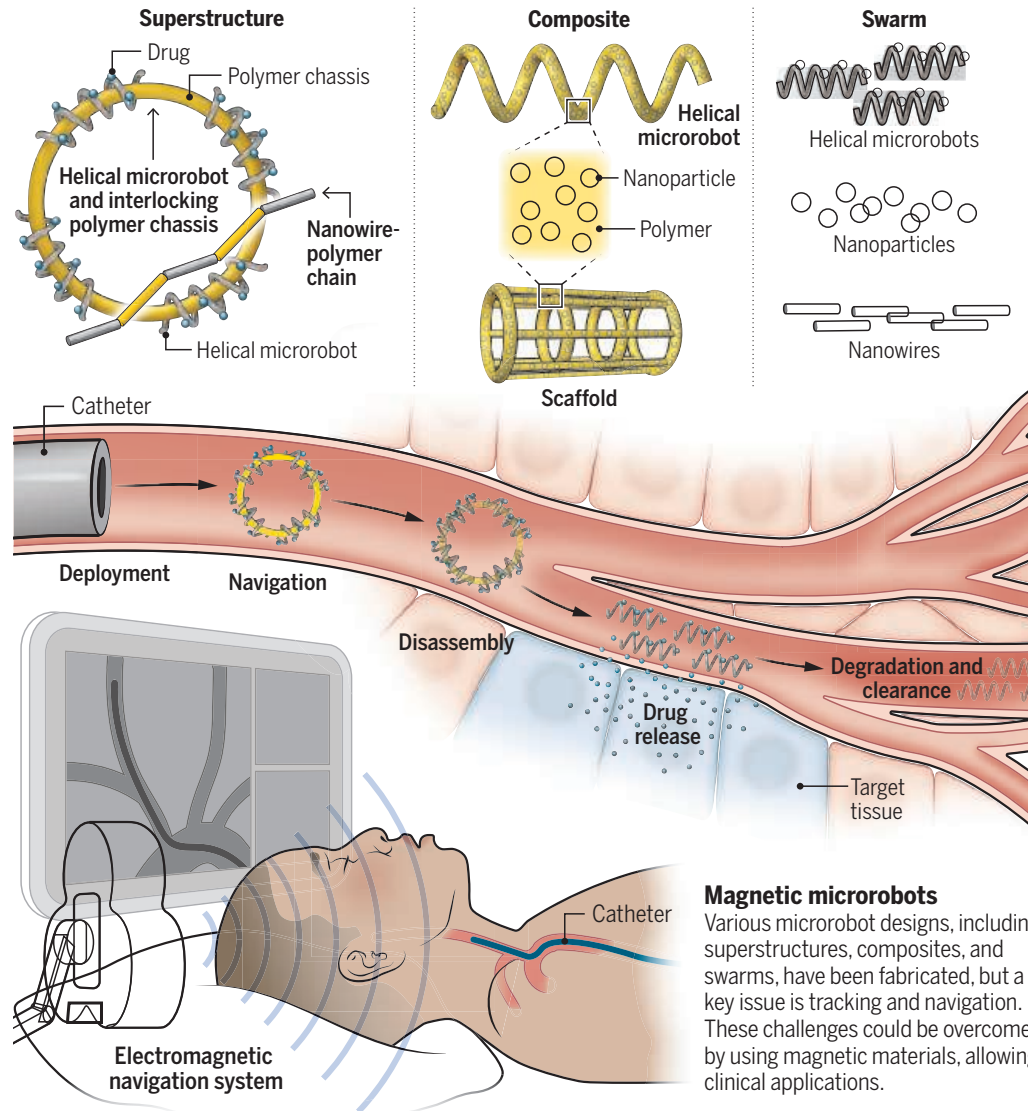


# Swimming with helical bodies

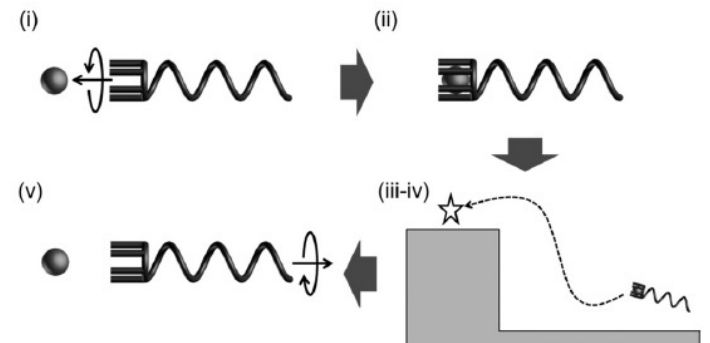
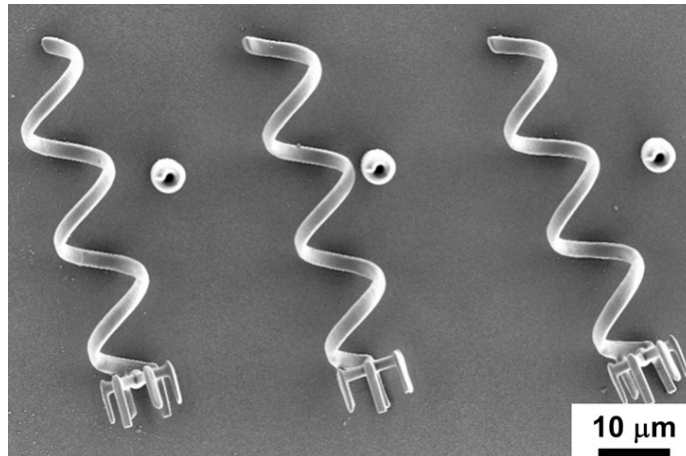
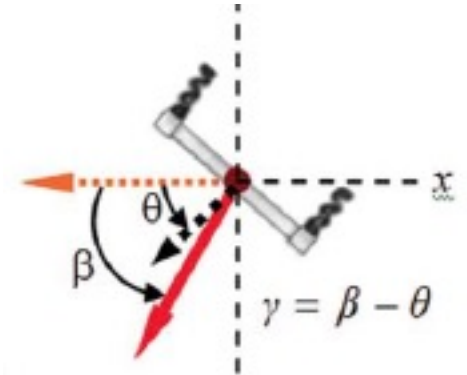
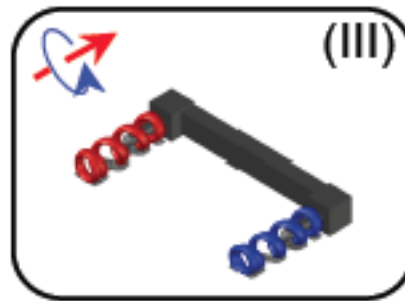
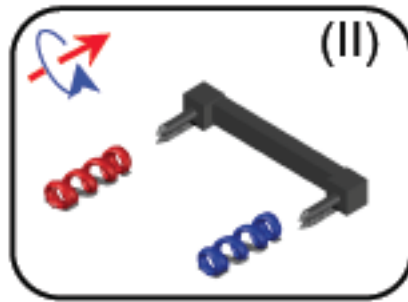
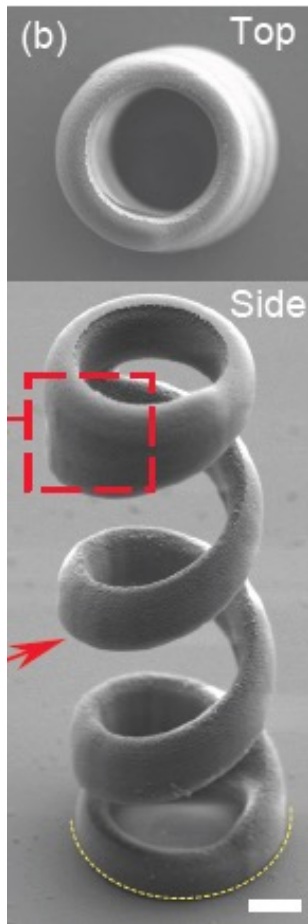
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# Delivering drugs with microrobots

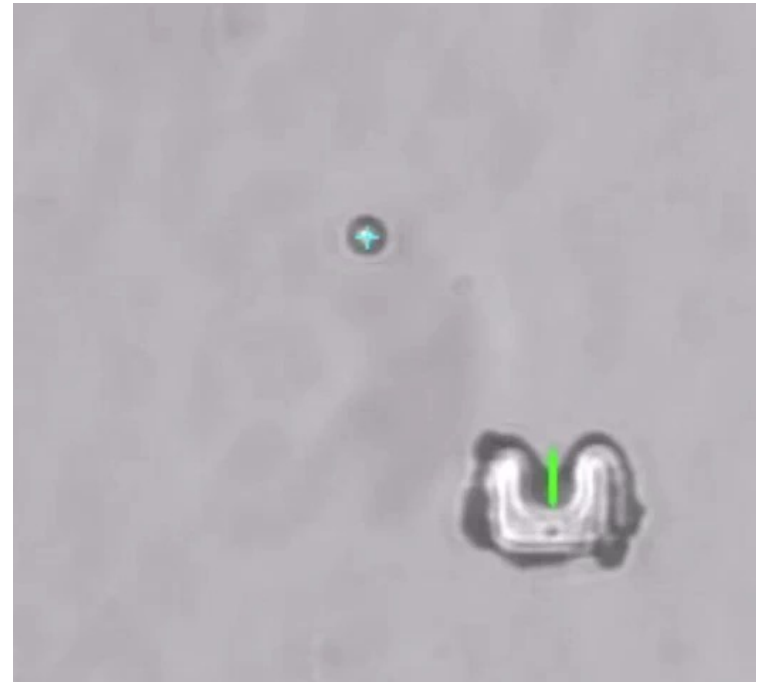
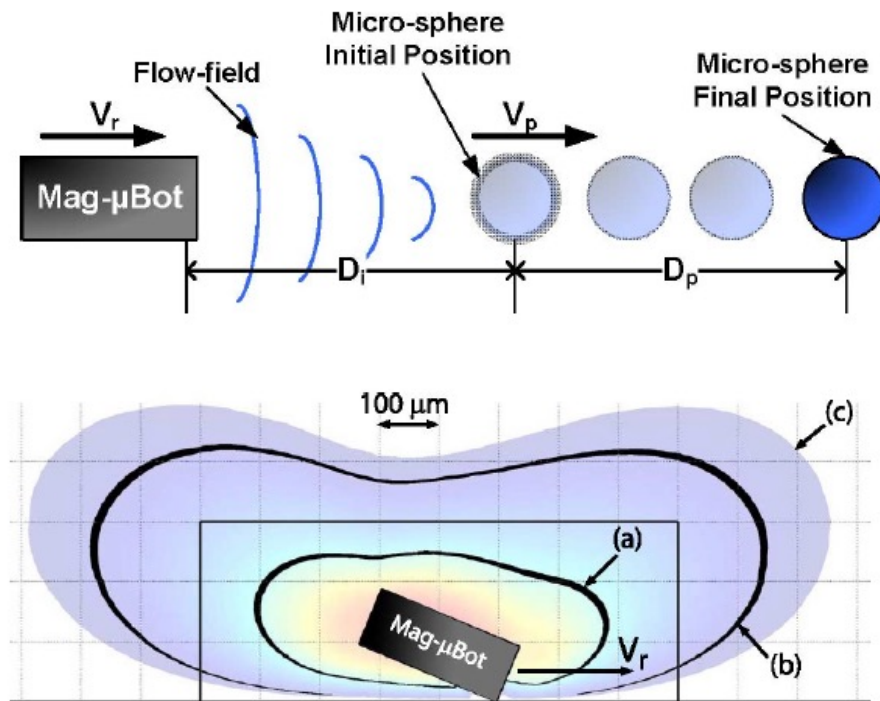


# Microtransporter (contact mode)



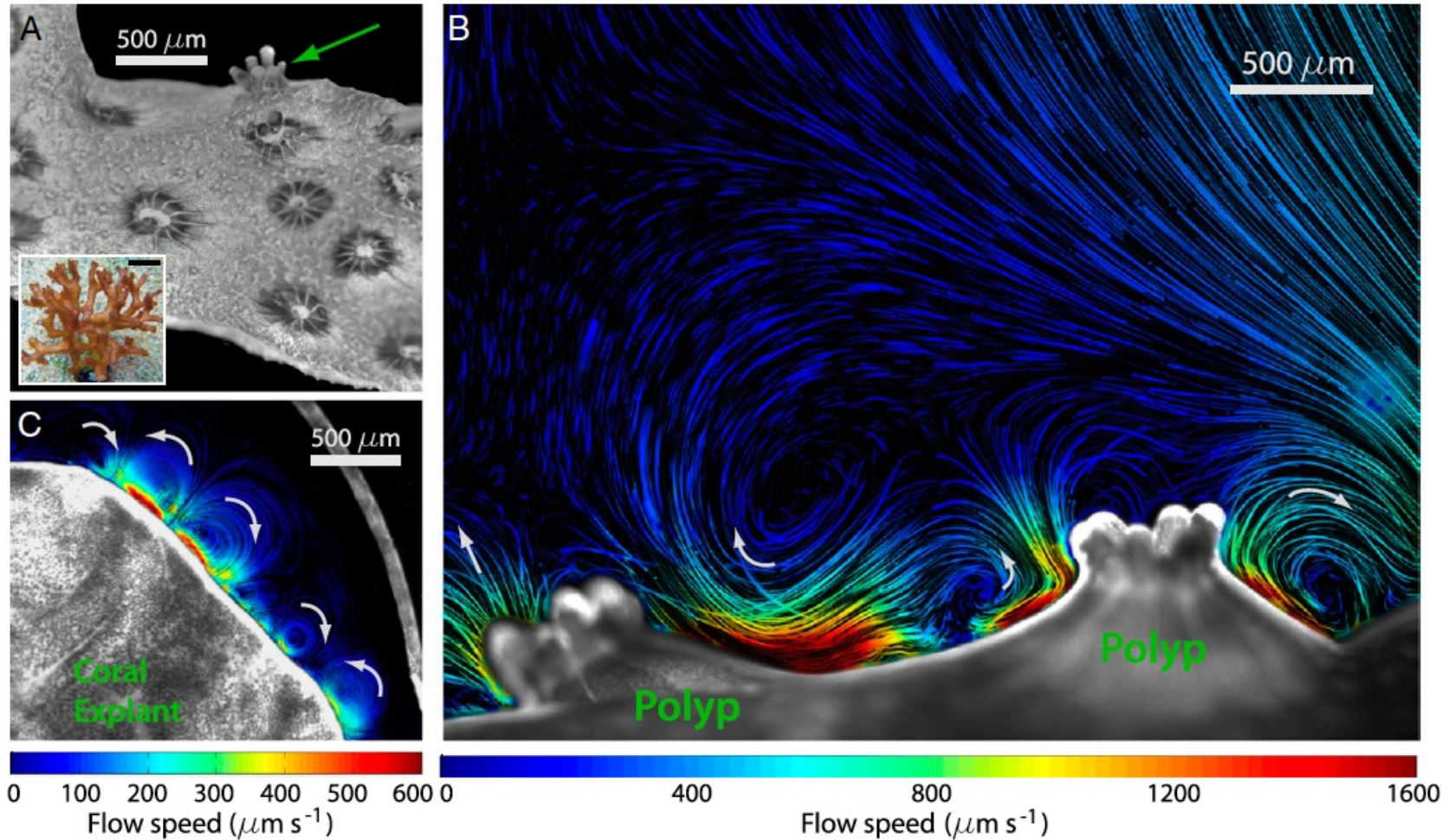
# Microtransporter (non-contact mode)

- Compartmentalization (robot and payload)
- Fluidic coupling

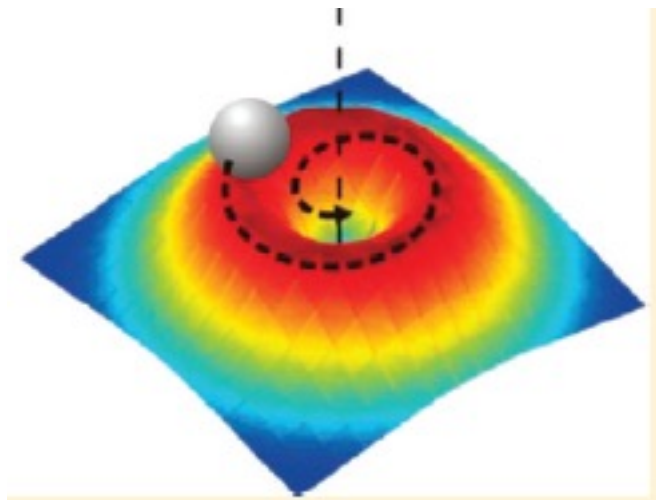




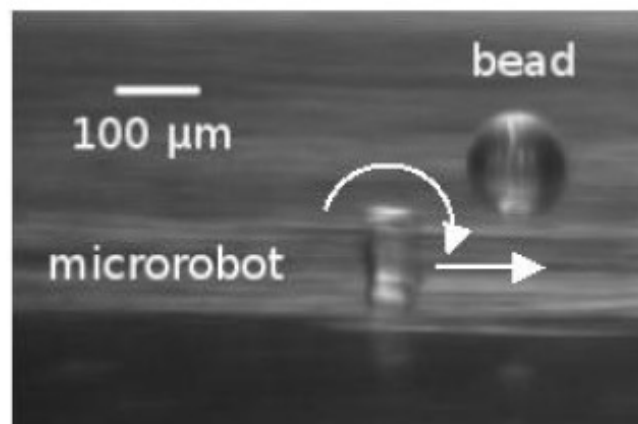
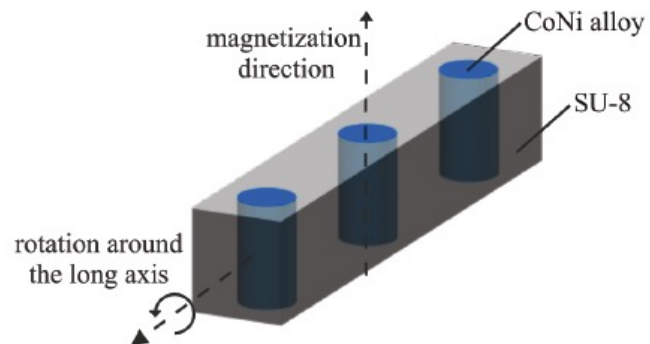
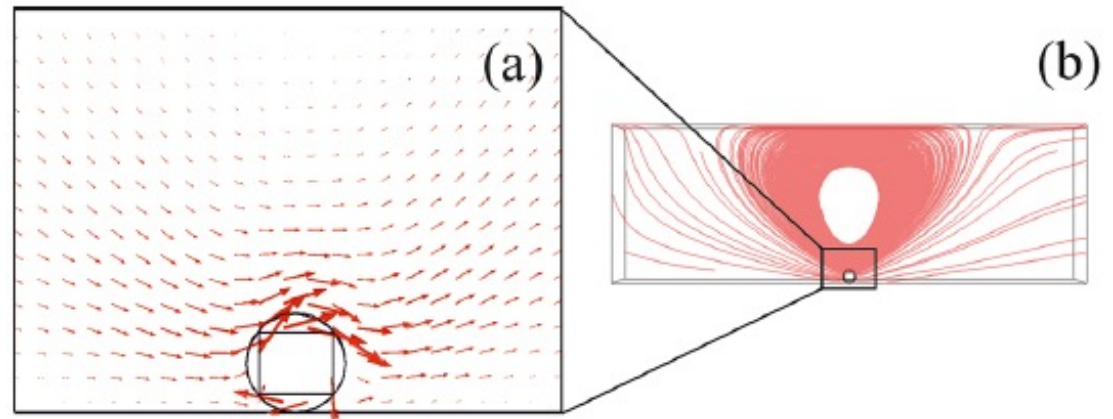
# Active Transport at Low Reynolds Number



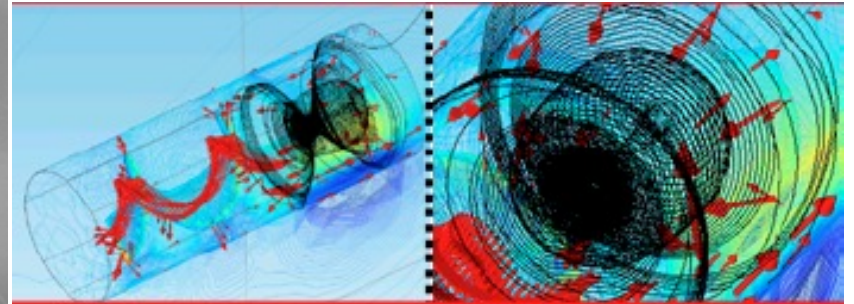
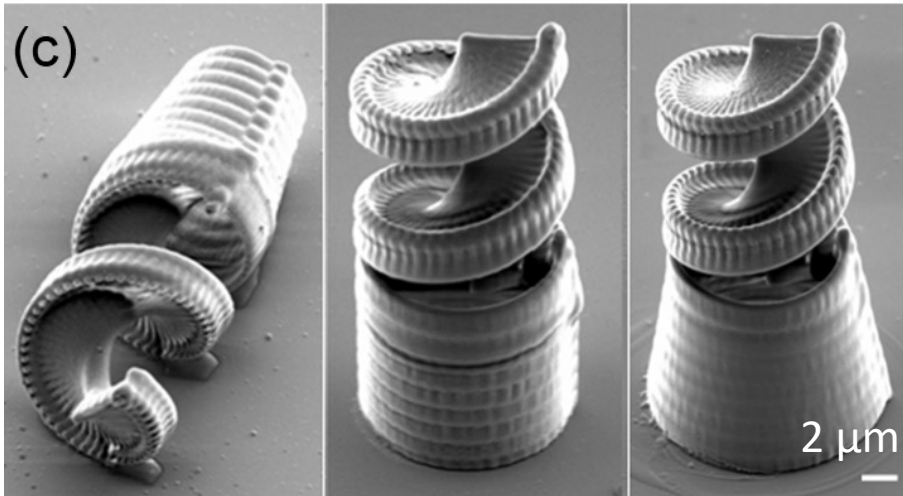
# Generating Mobile Microvortices



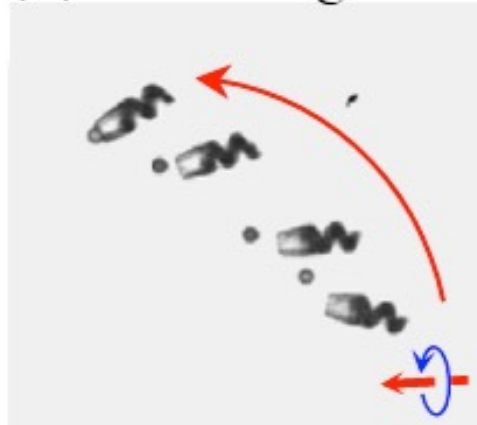
$$\nabla p = \eta \nabla^2 U + f,$$



# Mobile Fluidic Traps in 3D



(a) Loading

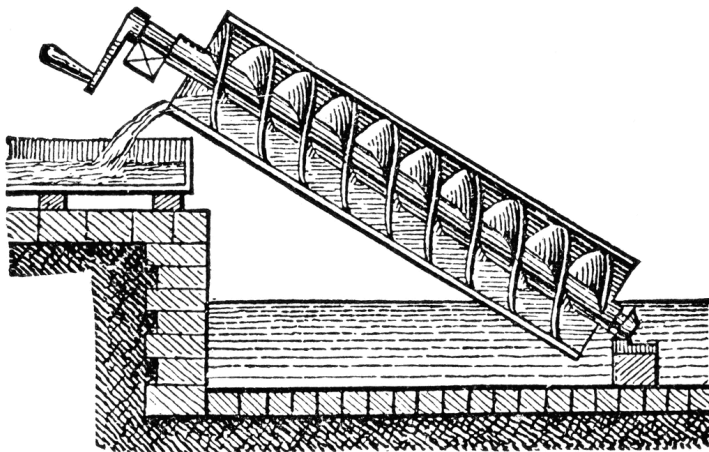
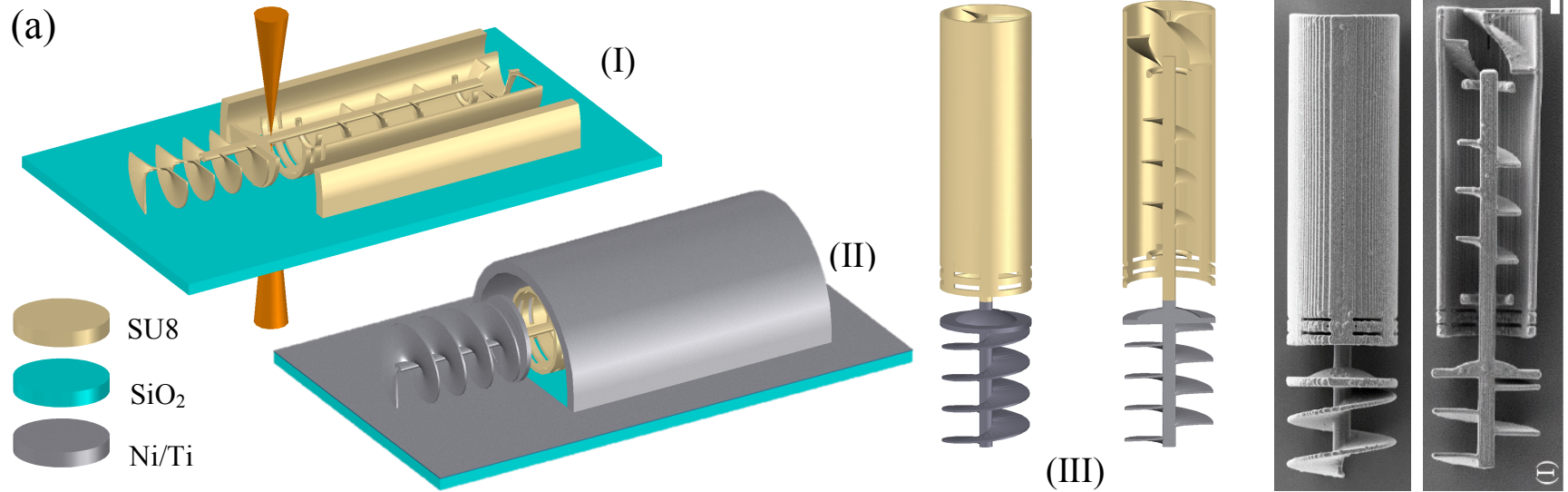


(b) Releasing

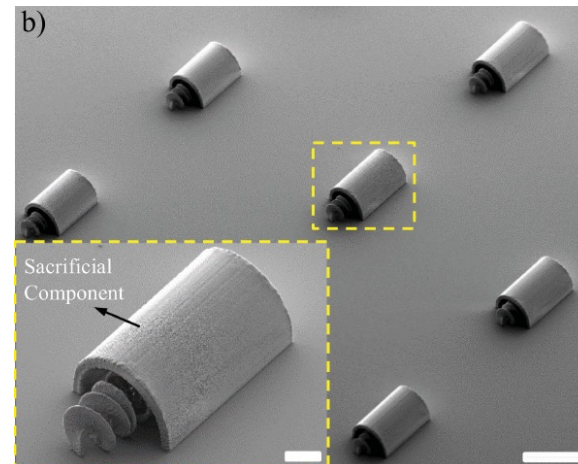




# 3D Printing Compound Machinery

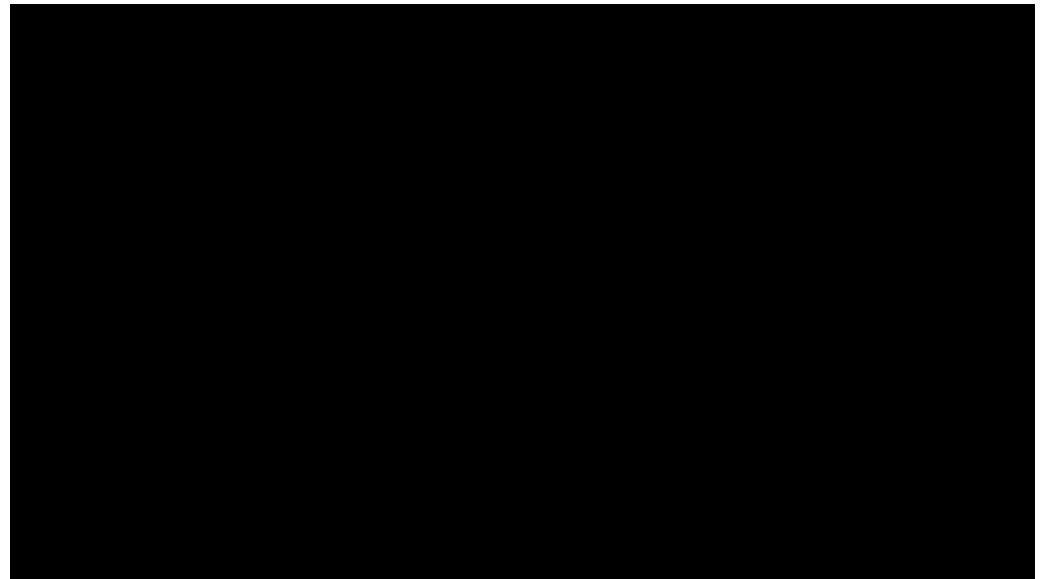
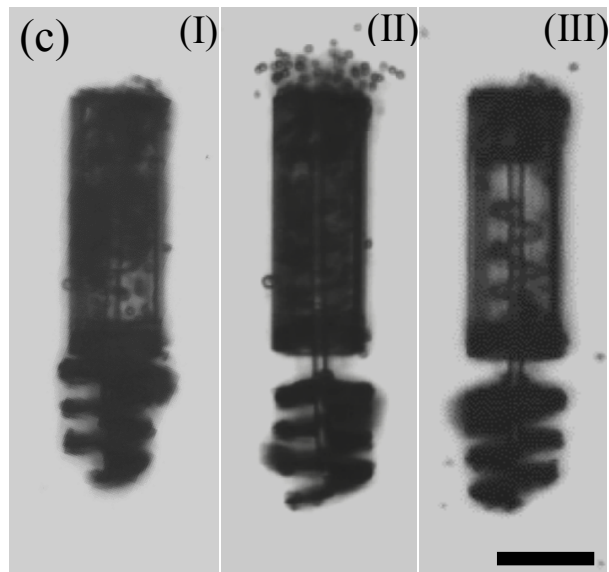
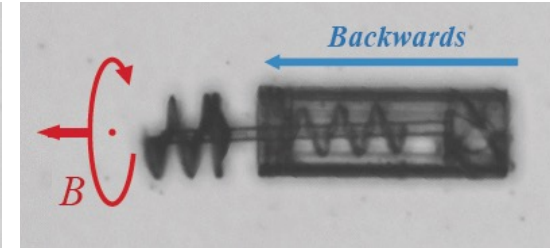
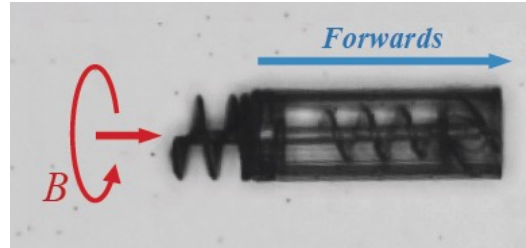
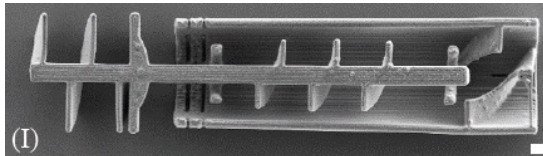
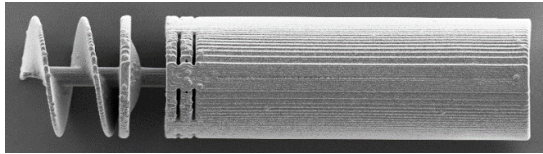


Archimedean Screw





# Active Transport at Low Reynolds Number



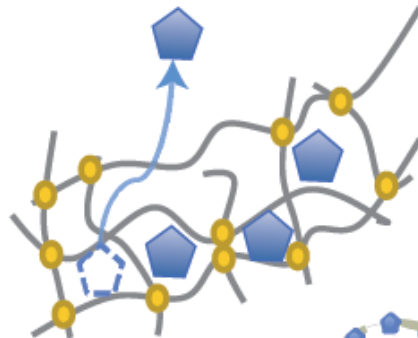
# Passive vs Triggered Release

$$\frac{\partial C_i}{\partial t} = \underbrace{D\nabla^2 C_i}_{\text{Diffusion}} - \underbrace{\nabla C_i v}_{\text{Convection}} + \underbrace{R_i}_{\text{Chemical reactions}}$$

Mass balance/diffusion equation

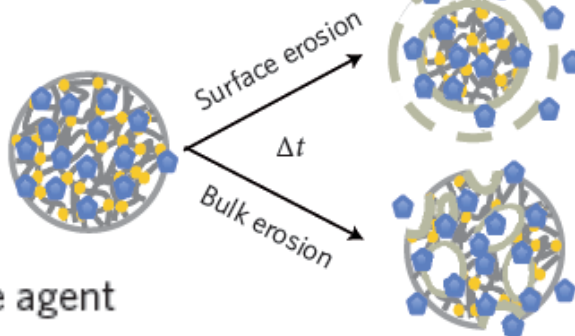
Diffusion control

$$\frac{\partial C_i}{\partial t} \sim D\nabla^2 C_i$$



Degradation control

$$\frac{\partial C_i}{\partial t} \sim R_i$$



Bioactive agent

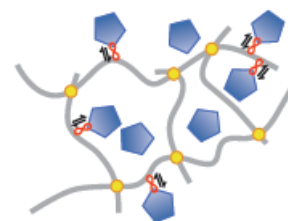


Crosslinked hydrogel

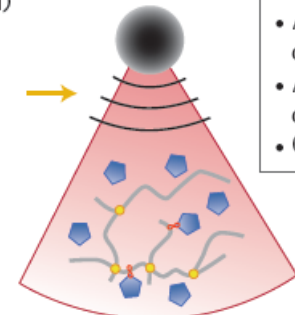
$$\frac{\partial C_i}{\partial t} = D\nabla^2 C_i - \underbrace{\nabla C_i v}_{\text{Non-zero convective term}} + R_i$$

Mass balance/diffusion equation

External energy source (for example, ultrasound or electric field)



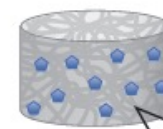
Trigger off



Trigger on

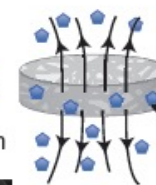
- Heating
- Accelerated degradation
- Accelerated dissociation
- Convection

Macroporous scaffold



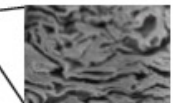
Trigger off

Gross deformation



Trigger on

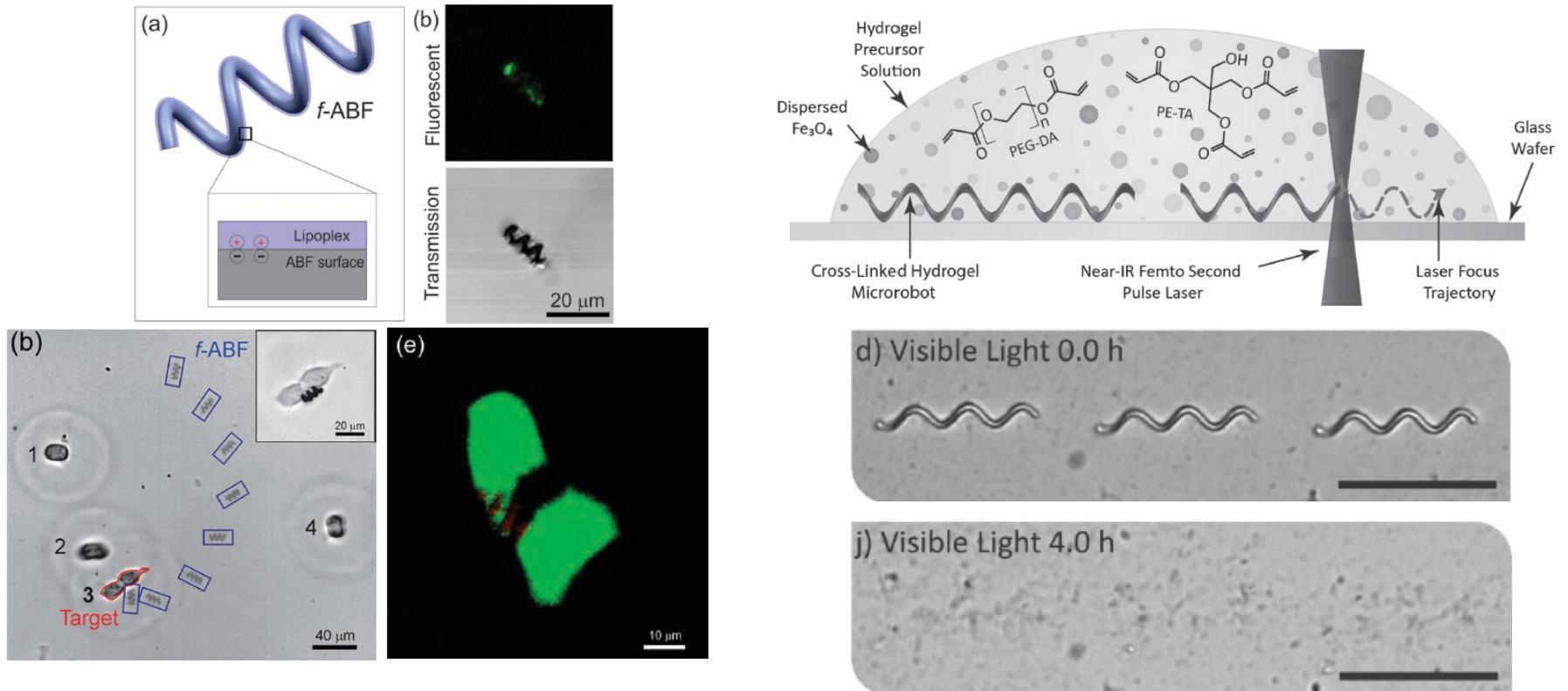
- Accelerated degradation
- Convection



Collapsed pores

Open pores

# Passive Release of Encapsulated Payload



- Loading capacity: surface area vs volume
- One material for everything: form, magnetization, reservoir

# Colloidal Self-Assembly of Magnetic Micromachines

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- Viscous vs magnetic forces: Mason Number

$$\text{Ma} = \frac{12^2 \eta \omega}{\mu_0 \mu_s M^2}$$

- Dynamics does not depend on volume fraction at low Mason number
- Critical Mason number
- Shape of the assembly depends on the frequency and field strength